

Ask Yourself These Questions

Prescription opioids can be addictive and misused, putting people at risk of addiction, overdose, and death.

Here are some questions to consider about your use of prescription opioids:

- Have you or are you taking medication that hasn't been prescribed to you?
- Are you taking prescribed medicine in a way or a dose other than prescribed?
- Do you ever take prescription opioids for the effect it causes – feeling high or euphoric?
- Do you ever take your prescribed opioid “just in case” even though you're not in pain?
- Are you experiencing mood swings, from extreme happiness to hostility?
- Has your sleep pattern changed?
- Have you ever pretended to lose your medication so you could get more?
- Have you ever asked multiple doctors for prescription opioids?

If you think you may have a problem with your prescription opioid, talk to your doctor. Have an honest conversation about every drug you're taking and describe how you've been feeling and why you're worried. Ask your doctor about the safest way to manage pain and treat dependence or addiction.

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If you or someone you know has a substance use disorder, also known as addiction, we can help.

Call anytime, toll-free.

SUBSTANCE ABUSE SERVICE HELPLINE
1.844.804.7500