

# Reaching the 95% (R95) Capacity Building Efforts FY 24-25

Provider Meeting – Afternoon Session July 2, 2024





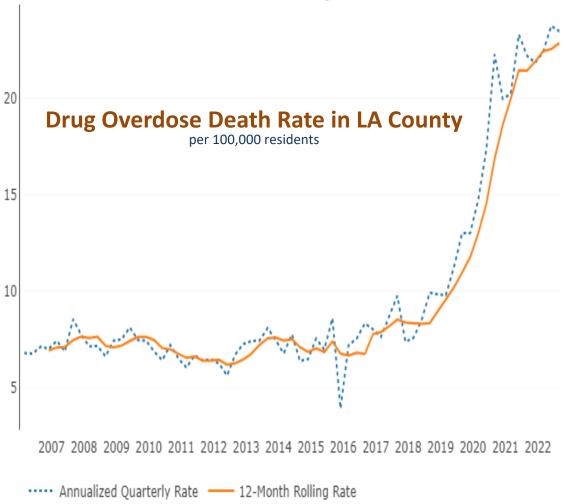
# "The opposite of addiction is NOT sobriety; the opposite of addiction is connection"

Johann Hari, British-Swiss Writer & Journalist

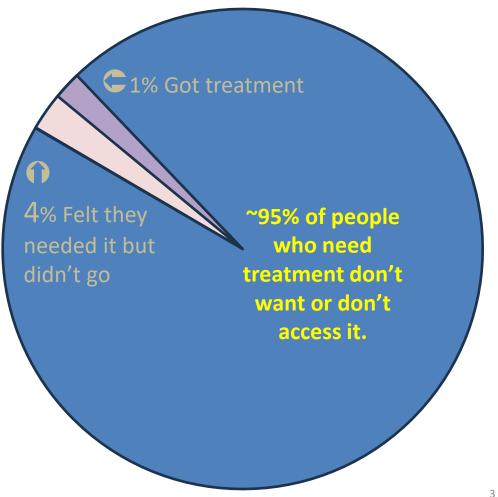




### We are in the worst overdose crisis in national and local history.



#### **About 95% of people who need** treatment don't want or don't get it





# Reaching the 95% (R95) Initiative

We need to take a different approach to address substance use disorders (SUD) and better connect with those that need treatment services but may not be ready for 100% abstinence at admission.

#### **Precontemplation**

No intention of reducing or stopping alcohol and/or drug use or starting services

#### Maintenance

Sustained
commitment to their
personal recovery
goals, which may or
may not include
abstinence

Lapse and Relapse
An opportunity to learn
and redefine and/or
recommit to goals

#### Contemplation

Aware that their level of substance use is a concern but no commitment to reduce or stop use, or start services

#### <u>Action</u>

Enrolled in SUD
services and/or
reduced or stopped
substance use
according to personal
goals



#### **Preparation**

Intend to reduce or stop use, and/or start services

▲ Harm Reduction Services
▲ Treatment Services







#### YEAR ONE R95 CAPACITY BUILDING PACKAGE

- New referral partnerships expand ways to get more people to come for services
- New field-based services sites go to locations where people may prefer to get care
- Lowering the bar for admissions steps to encourage patients to come
- Raising the bar for discharges steps to discourage patients from leaving
- Leveraging the engagement policy emphasizes on engagement prior to diagnosis
- Evaluating service design patient, not program centered services
- Customer walk-throughs see your admission process as a patient
- Bi-directional referrals work with harm reduction providers



### **R95 Harm Reduction – Available to Non-Year 1 Participants**

- Verified Admissions for Referrals from Harm Reduction Providers
  - Make or leverage connections with SAPC harm reduction providers to offer treatment services for those with or without abstinence goals.
  - Verify that some of these patient referrals were enrolled in treatment via claims data.



# **R95 Admission Policy – Available to Non-Year 1 Participants**

- Abstinence is not a condition or prerequisite for admission
- Admission does not require toxicology (drug/UA) test results (whether + or -)
- Same day admission service is offered whenever possible
- Lapse and relapse are part of SUDs and we work with patients who want care
- Language Assistance services are provided for patients who needs them to participate
- Patients with mental health conditions and psychiatric medications are served
- Prescriptions for addiction medications are allowed/encouraged
- Medi-Cal does not need to be active or assigned to LA County at admission
- Service environment matters, make it feel inviting



# **R95 Discharge Policy – Available to Non-Year 1 Participants**

- Positive toxicology (drug/UA) test doesn't mean automatic discharge
  - No automatic discharge/transfer hospital/withdrawal management from residential
- Use the care coordination benefit to help prevent patients from losing Medi-Cal during the treatment episode
  - No discharge when health benefits lapse for those that remain eligible
- Ensure a warm-handoff when stepping a patient up or down levels of care
- Provide informational materials at discharge, including naloxone



# **R95 Service Design – Available to Non-Year 1 Participants**

- How to better understand/enhance the patient experience with customer walkthroughs
  - How does it feel to receive services from your program?
    - How easy was it to get your first appointment?
    - What does the environment feel and look like?
    - What is it like to receive a treatment service or care coordination?
  - What enhancements can be made to support R95 patient enrollment?
  - Are there opportunities to explore more efficient workflows to make enrollment more patient friendly?
- How to develop and implement a <u>plan</u> to sustain modifications from walkthroughs
  - What barriers to care did you discover that can be modified?
  - How did you do to gather and use consumer feedback?
  - How can process improvement help you to enhance workflows or protocols to access services?



#### PART 1 – Year One Reflections Panel:

- Bidirectional Harm Reduction Referrals
  - Brandon Fernandez, CRI-Help
- Admission and Discharge Policy
  - David Lisonbee, Twin Town Treatment Centers
- Service Design
  - -Seth Blackburn, Roots Through Recovery



#### PART 1 – Year One Breakout Discussion

- If you participated in R95 Year 1, what was your experience?
  - Implementation opportunities and challenges
  - Communicating with leadership and staff
  - Ways to maximize capacity building opportunities
- If you didn't participate in R95 Year 1, what would help you for R95 Year 2?
  - Questions for SAPC for year 1 participants
  - -Support (e.g., more info, TA, training) to help engage in year 2



Part 2 – Year Two R95 Capacity Building Efforts





### **R95 FY 24-25 Package – Available to Non-Year 1 Participants**

- Harm Reduction Bidirectional Referrals Verified Claims
- R95 Admission Policy
- R95 Discharge Policy
- R95 Training Presentation
- Service Design Customer Walkthroughs (any previous non-participating site)
- Service Design Plan



#### R95 FY 24-25 Package – Available to All Providers with Prerequisite (if Applicable)

- Harm Reduction Training Protocols and Training Verification
- Harm Reduction Bidirectional Referrals Verified Admissions
- Admission Agreement (Prerequisite R95 Admission Policy)
- Toxicology Agreement (Prerequisite R95 Admission and Discharge Policy)
- R95 Admission/Discharge Staff Training Verification (Prerequisite R95 Presentation)
- Service Design Follow-Up Implementation (Prerequisite Submitted Plan in FY 23-24)



#### PART 1 – Year Two Discussion

- Feedback and Questions on Year 2 Deliverables
  - Questions on Carryover Options for Agencies who did not Participate in FY 23-24
  - Questions on New Options, and Related Prerequisites, for FY 24-25
- Ideas for Support and Technical Assistance for Year 2
  - Topic recommendations for R95 Workgroup Meetings and Pop-ups



# For More Information

R95 Webpage: http://publichealth.lacounty.gov/sapc/public/reaching-the-95.htm?hl

R95 Capacity Building: http://publichealth.lacounty.gov/sapc/providers/payment-reform/access-to-care.htm

LA Times Article: https://www.latimes.com/california/story/2024-04-23/how-la-county-is-trying-to-change-addiction-treatment