

**COUNTY OF LOS ANGELES
COMMISSION ON ALCOHOL AND OTHER DRUGS
(CAOD)**

Meeting Summary – June 12, 2019

COMMISSIONERS PRESENT: Deena Duncan, Jozef Essavi, Lou La Monte, Jihan Mockridge, Juan Navarro, Sharona R. Nazarian (Chair), Mordechai Polityko, Bennett Root, Monica Sanchez, Johng Song, Denise Tom, Wendie Warwick and Howard Winkler

EXCUSED ABSENCES: Commissioners Roger Gertmenian, Sharon Papa, Sharon Shelton and Kynna Wright

GUEST REGISTER: Michelle Gibson, Substance Abuse Prevention and Control; Cindy Harding, Department of Public Health; Mayra Jimenez, Alcohol Justice; Gilbert Mora, Los Angeles Drug and Alcohol Policy Alliance; Ed Nettles, Intervention Institute; Ken Pierce, Center for Counseling; Francisco Reyes, Substance Abuse Prevention and Control; Arnold Sachs; Christina Vane-Perez, Substance Abuse Prevention and Control

MATERIALS DISTRIBUTED: Meeting Agenda; May Meeting Minutes; Health Deputy Questions; CAOD Draft Bylaws; New Media Campaign: Opioid Prevention and Treatment for Addiction

Topic	Discussion/Finding	Recommendations, Action, Follow-up
Call to Order	Chair Nazarian, County of Los Angeles, to the Commission on Alcohol and Other Drugs (CAOD) convened the meeting at 1:05 p.m.; a quorum was present.	
Introduction of Commissioners and Guests	Chair Nazarian asked for self-introductions from all Commissioners and guests. Chair Nazarian introduced Denise Tom, newly appointed Commissioner to the Third District.	

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Motion to Excuse Absences	Chair Nazarian asked for a motion to excuse the absences of Commissioners Roger Gertmenian, Sharon Papa, Sharon Shelton and Kynna Wright.	Chair Nazarian entertained a motion which was moved to approve by Com. Winkler, seconded by Com. Warwick and approved. Motion was unanimously carried.
Approval of Minutes	The minutes of the May 8, 2019 Meeting.	Chair Nazarian entertained a motion which was moved to approve by Com. La Monte, seconded by Com. Duncan and approved. Motion was unanimously carried.

Topic	Discussion/Finding	Recommendations, Action, Follow-up
Question and Answer Period with the Health Deputies	<p>Per Chair Nazarian, would like each Health Deputy to tell us what is important to your Supervisor and in your district.</p> <p>Per Dr. Erik Berg of the First District – Two of our biggest priorities are expanding SUD treatment services on an outpatient basis and the closure of the unlicensed cannabis retailers in Los Angeles County. Supervisor Solis is working with the Fourth District on a multi-pronged, multi-agency collaborative approach to closing unlicensed cannabis retailers.</p> <p>Per Hyunhye Seo of the Second District – Our priorities are to better regulate e-cigs and vaping, which comes with the bigger issue of capacity building in certain areas. Supervisor Ridley-Thomas is overseeing the construction of a new behavioral health center; it is important to see how all these services can be integrated and implemented working with the e-cig/vaping epidemic.</p> <p>Per Elan Shultz of the Third District – Supervisor Kuehl’s number one priority has always been to improve service integration. Currently our systems don’t integrate well together and breaking down the silos between our departments is crucial. We have also tried our best to support DPH with the DMC-ODS roll out by setting up our contracts to maximize the ability of our providers to best meet demands. E-cigs and vaping is a huge interest for our office also. We are also working on supporting alternative sentencing; the Office of Diversion and Re-Entry has largely focused on the mentally ill and would like to expand this to those with SUD.</p> <p>Per Elizabeth Lizardo of the Fourth District – One of the biggest priorities for our office is implementing tobacco retail licenses.</p> <p>Per Erick Matos of the Fifth District – Supervisor Barger is especially interested in the opioid epidemic in the Antelope</p>	

Valley. There are disproportionately higher rates of use in the area. She is focused on bringing forth initiatives which would expand Medications for Addiction Treatment (MAT) and expand the use of Narcan among law enforcement and other frontline staff. Supervisor Barger has worked on various other issues including the campaign to prevent marijuana use in youth, bridging the gap with law enforcement and helping to divert someone into a treatment setting vs. jail.

Per Erick Matos, the CAOD is in a unique place and it would be helpful if they took a deep look at where people are going where they're not being referred for needed services.

Per Hyunhye Seo, believes there is a disconnect and would like to see the CAOD access the weekly BOS agenda to gain insight into what the BOS is doing. Also suggests utilizing DPH/SAPC staff to investigate topics/answer questions as they are the subject matter experts.

Statement from Commissioner Root – One issue which was very important to us was the use of Narcan among emergency service providers. We found it extremely difficult to get this information to the BOS, how can we avoid this in the future?

Per Erick Matos, suggests writing letters to the BOS regularly regarding your recommendations. Per Chair Nazarian, there is a long process involved in getting information to the Health Deputies. We will do a better job of staying in touch and coordinating meetings.

Per Erick Matos, suggests Commissioners from each district meet semi-annually with their health deputies.

Per Commissioner Root, we would like to communicate our views to the BOS, even when the County does not have an official stance on a bill/topic.

	<p>Per Elan Shultz, some items/bills may not get the attention they should because they don't directly impact the County. There is prioritization of what directly impacts County services.</p> <p>Question from Commissioner Polityko – Is shutting down illegal cannabis dispensaries a priority? Per all Health Deputies – Yes. Per Erick Matos, it is very complicated. Suggestion per Cindy Harding to have the Office of Cannabis Management present to the CAOD.</p> <p>Per Chair Nazarian to Health Deputies – are there any areas you would like the CAOD to explore and report back to you on? Per Hyunhye Seo, the BOS has several priority areas and it would be great to look at those. There is some frustration regarding communication, so please let us know what type of response you would like.</p>	
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<p>Discussion and Action – Commission Bylaws</p>	<p>Per Commissioner Tom, the term of office is only listed for officers. What about CAOD members? Those appointed by SAPC, CCJCC and League of Cities?</p> <p>Per Commissioner La Monte, membership in the Education and Prevention and Policy and Planning Committees are fluid at best. Is operating under the Brown Act possible? Would the Brown Act apply to the Executive Committee meetings?</p> <p>Suggestion from Commissioner Root to vote on bylaws as they are currently written and make amendments as needed.</p>	<p>Chair Nazarian entertained a motion which was moved to approve by Com. Essavi, seconded by Com. Song and approved. Motion was carried with one abstention.</p> <p>Commission liaison to work with County Counsel regarding the sections questioned.</p>

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<p>Presentation: Opioid Media Campaign</p> <p>Presenter: Gary Tsai, MD, FASAM, FAPA Medical Director and Science Officer Substance Abuse Prevention and Control, Los Angeles County Department of Public Health</p>	<p>The Opioid Media Campaign is anticipated to launch at the end of June.</p> <p>The three main goals of the campaign are:</p> <ul style="list-style-type: none"> - Create a sense of urgency around the opioid crisis in Los Angeles County - Speak to a broad audience - Motivate those struggling with addiction to seek treatment. <p>Key audiences – general audience, those already addicted to prescription opioids and illicit drug users.</p> <p>DPH’s Strategic Approach</p> <ul style="list-style-type: none"> - Messages target both chronic pain and addiction - Tone is varied to touch widest audience possible - Highlight risks/consequences: addiction, overdose and death - Presents progression from prescription of opioids to dependence to addiction to help audiences understand and visualize this progression - Solution-oriented, applies to every audience. <p>Pre- and post-campaign evaluation data is being conducted to measure baseline knowledge, attitudes and self-reported behavior.</p> <p>Question and Answer Period:</p> <p>Question from Commissioner Root: From the landing page, will I be able to get to treatment? Per Dr. Tsai, you will be able to get to the SBAT and other resources. The straightest line to treatment is to the SASH hotline.</p>	

	<p>Per Commissioner Root, suggests that a user be able to dial the SASH hotline directly from the landing page. Per Dr. Tsai, will look into this.</p> <p>Question from Chair Nazarian: The targeted population is 18 and over. What is being done about the youth population? Per Dr. Tsai, we've specifically leveraged the fact that we can influence a broader age range even though the target age range is 18 and over.</p> <p>Question from Commissioner Warwick – How accessible is Narcan? Per Dr. Tsai, there is lots of effort with ODR and SAPC right now with getting more naloxone out there. It is available under Drug Medi-Cal in OTP settings. A MD could write a prescription for Narcan; in California, pharmacists can furnish Narcan without a prescription, but not all pharmacies are aware of this or have been trained.</p> <p>Question from Commissioner Mockridge – Is an agency required to have an IMS for the Medical Director to issue a prescription as a DMC provider? Per Dr. Tsai, in an outpatient setting, you don't need IMS. Believes that in residential settings, you could offer naloxone independent of IMS but will verify this.</p>	
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Chair's Report	<p>Per Chair Nazarian, three seats from the First District were recently vacated. Would like to thank Commissioners Gutierrez, Kearney and Mendoza for their service and dedication to the Commission.</p> <p>Reminder the Commission will not be meeting in July, we will meet again on August 14, 2019 at SAPC.</p> <p>Reminder regarding the change of date for the October CAOD meeting to October 2, 2019.</p>	
Comments from Commissioners on Items of Interest	<p>Per Commissioner Warwick, the AI-Impics will be on Saturday, September 28, 2019 at Harbor College. Requested participation from the Commissioners.</p> <p>Per Commissioner Sanchez, the Our Spot/Parks After Dark Program is launching tomorrow, Thursday, June 13 at various parks in Los Angeles County.</p> <p>Per Commissioner Song, not enough services are being provided to youth with Drug Medi-Cal. Per Commissioner Mockridge, youth have fit into the adult model so far. Per Chair Nazarian, Commissioners Song and Mockridge to collaborate regarding this issue and send their specific questions to the CAOD liaison to be addressed.</p> <p>Per Commissioner Tom, would like to see the youth geomap that Dr. Kim presented to the Commission last fall. Per Chair Nazarian, send your request to the CAOD liaison who will route it to the correct person.</p> <p>Per Commissioner Root, several questions we posed to the health deputies were said to be SAPC questions; let's be sure to follow up with these. Interesting to note the areas of priority</p>	

	<p>didn't overlap. We now know which Supervisor has which priorities.</p> <p>Per Commissioner Polityko, appreciative of this meeting with the Health Deputies however not entirely satisfied. Didn't get the impression shutting down illegal cannabis operations were a priority. Worried that limited sources will lower the priority of their closure.</p> <p>Per Commissioner La Monte, now that we have the door open, let's see if we can push forward with SB58.</p> <p>Per Chair Nazarian, encourages each Commissioner to meet regularly with your Health Deputies.</p> <p>Per Commissioner Sanchez, would like to revisit our strategic priorities during the August meeting; possibly to add vaping using cannabis oil. Would also like to discuss the promotion of cannabis products. Per Chair Nazarian, we have upcoming presentations focusing on cannabis and can add this topic to those presentations.</p>	
Public Comments	Per Mayra Jimenez of Alcohol Justice, would like to thank the Commission for the work they've been doing on SB58.	
Adjournment	The meeting was adjourned at 3:01 p.m.	

**Next meeting: Wednesday, August 14, 2019, at 1:00 p.m.
Substance Abuse Prevention and Control, A-9 East Ground Floor G-2 Conference Room, in Alhambra.
Committees will meet at 12 noon at the same location.**