



# GET HELP APPLYING FOR FREE OR LOW-COST HEALTH COVERAGE

Community Health Outreach Initiatives (CHOI) is here for you.

## How CHOI Supports You

CHOI works with community groups, cities, schools, and clinics to help people sign up for public and private health insurance. We also connect families to programs that provide food, housing, mental health support, legal help, and other important services.

## The Challenge Facing Our Community

Many children and families in Los Angeles County have a hard time getting the health care they need.

## A Proven Solution for Health Access

Since 2003, CHOI has helped more than 1.5 million people get health coverage and use it. Every year, CHOI supports thousands of families in applying for, keeping, and using their health insurance.

## Better Access. Better Outcomes

A study of the CHOI program in Los Angeles found that people who worked with CHOI were more likely to have a regular doctor's office and less likely to face problems like not having insurance, not having enough money, or not having a way to travel to appointments.

## Services available:

- Health insurance enrollment
- Accessing and utilizing existing health insurance coverage (e.g.: finding a provider, making appointments)
- Troubleshooting challenges with health insurance (e.g.: denied or dropped coverage, accessing services)
- Navigating medical debt or medical bills
- Referrals to resources other than health insurance, such as food, shelter, mental health, and other social services.



**Get Connected Today:**  
[ph.lacounty.gov/CHOI](http://ph.lacounty.gov/CHOI)

Available in every corner of Los Angeles County!



COUNTY OF LOS ANGELES  
**Public Health**

