

**NUTRITION CONSULTANTS**  
**LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH**  
**COMPREHENSIVE PERINATAL SERVICES PROGRAM**



**Note:** For the protection of all parties involved, CPSP recommends that all fees and services be clearly specified in a written contract.

<p><b>Elisa Urbano, MS, RD, CDE</b></p> <p>7107 Remmet Ave.          Canoga Park, CA 91303          Cell: (818) 913-0986          Alt Phone: (818) 898-1388          Email: ElisaUrbano@nevhc.org</p>	<p>Languages: English/Spanish/Tagalog</p> <p>Service area: San Fernando Valley- Only</p> <p>Services: Consultation; Direct services;          Protocol development and revision</p>
<p><b>Mary Dubois, MS, RD, CDE</b></p> <p>34162 Capistrano by the Sea          Dana Point, CA 92629          Work: (949) 240-4343          Email: mdubois1@cox.net</p>	<p>Languages: English/Spanish</p> <p>Service area: All of Los Angeles County</p> <p>Services: Protocol development and revision;          Development of lesson plans/class outline;          Direct patient services: Assessments,          counseling, group education</p>
<p><b>Monica Montes, RD</b></p> <p>32 S. Raymond Ave., Suite 3          Pasadena, CA 91105          Cell: (626) 232-6047          Office: (626) 792-0607          Email: monica@newhealthconsultants.com</p>	<p>Languages: English/Spanish</p> <p>Service Area: San Gabriel Valley</p> <p>Services: Assistance with application;          Protocol development and revision; Direct          patient services</p>

<p><b>Myrtis Tracy, MS, RD</b></p> <p>2149 Thoreau St.  Los Angeles, CA 90047  Cell: (323) 485-8359  Alt Phone: (323) 779-3444  Email: mjtracy3@cs.com</p>	<p>Language: English</p> <p>Service area: Metro LA; West LA; South LA, East LA; South Bay</p> <p>Services: Protocol Development and Staff Training only</p>
<p><b>Perpetua “Peppy” Magpuri, MA, RD, CDCES</b></p> <p>Los Angeles, CA 90039  Cell: (562) 659-3238  Email:prmagpuri@gmail.com</p>	<p>Languages: English/Tagalog/Spanish</p> <p>Service Area: Anything within 5 miles of Los Feliz, but willing to cover East LA, South LA, Southeast LA, Lincoln Park, Boyle Heights, San Gabriel Valley, San Fernando Valley, North Hollywood</p> <p>Services: Direct Patient Services</p>

Disclaimer: The professionals included on this consultant list are qualified discipline specific Comprehensive Perinatal Practitioners according to the requirements of Title 22, California Code of Regulations. The Los Angeles County Department of Public Health Comprehensive Perinatal Services Program is not responsible for the quality of services provided through a contractual arrangement made between the independent contractor/consultant and the provider. The list is updated yearly, or as needed.

**Please note:** You may also refer your nutrition high-risk patients to their managed care plans for RD services.