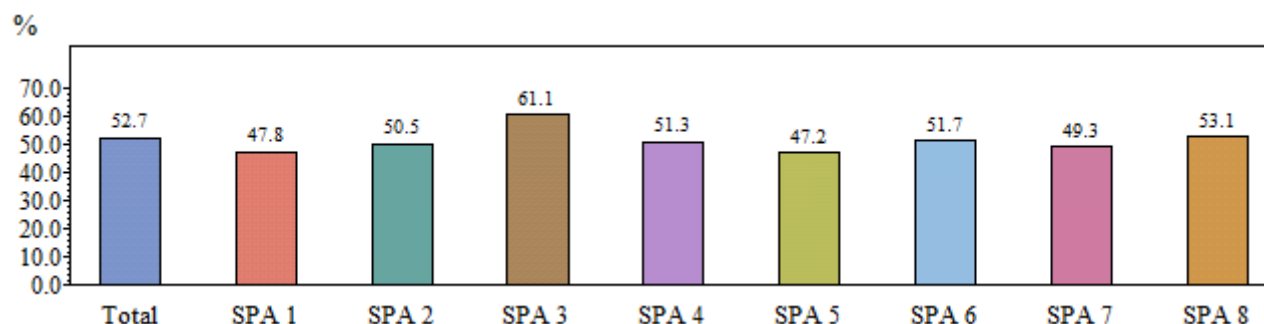


## Self-reported Postpartum Depression: Not at all depressed

The LAMB Survey asked mothers if, in the months after their new baby was born, they would say that they were not at all depressed.  
A. By Service Planning Area (SPA)



B. By Maternal Characteristics

		Not at all depressed			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
<b>Countywide</b>		52.7	50.5-54.9	3,477	67,848
<b>Race/Ethnicity</b>	White	52.4	49.4-55.4	802	12,051
	Latino	50.6	48.0-53.1	1,170	37,518
	African American	53.8	50.4-57.2	600	5,275
	Asian/Pacific Islander	60.0	51.4-68.6	618	11,634
<b>Age at Delivery</b>	< 20 Years	49.3	46.0-52.7	546	4,427
	20-24	51.9	47.8-56.1	508	12,677
	25-34	51.7	48.8-54.7	1,657	33,922
	35+ Years	56.4	50.7-62.1	766	16,822
<b>Years of Education at Delivery</b>	Less than high school	52.3	48.0-56.6	579	14,188
	Completed high school	51.2	46.1-56.3	724	15,405
	Some college	54.2	49.5-58.9	814	16,868
	Completed college or beyond	54.0	50.1-57.9	1,110	19,693
<b>2011 Household Income</b>	<\$20,000	48.2	45.1-51.3	1,013	20,078
	\$20,000-\$39,999	54.5	49.0-59.9	587	14,119
	\$40,000-\$59,999	50.0	44.4-55.7	299	5,102
	\$60,000-\$99,999	52.0	47.1-56.9	426	7,078
	\$>\$100,000	56.1	49.6-62.5	593	10,235
<b>Marital Status at Delivery</b>	Married	56.2	53.0-59.5	1,901	39,409
	Never Married/Living Together	50.5	47.1-53.9	963	19,159
	Unmarried/Not Living with Partner	45.6	41.4-49.8	584	8,790

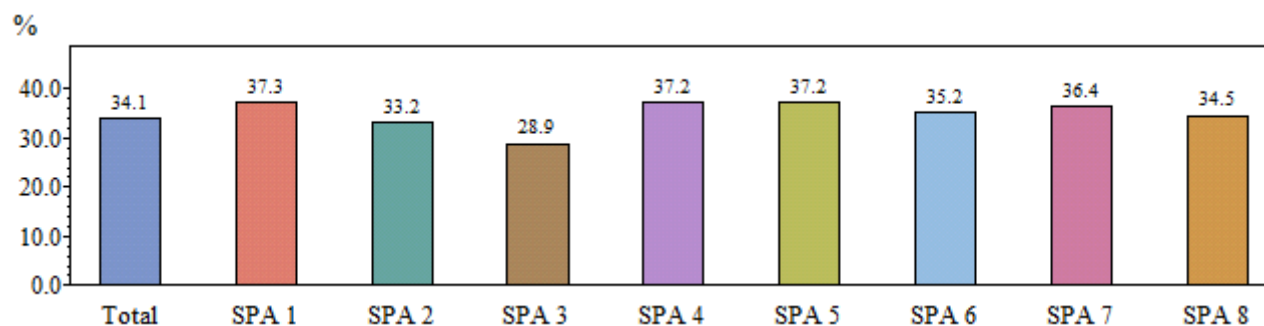
Missing and unknown categories are excluded from the analyses.

\*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

## Self-reported Postpartum Depression: A little depressed

The LAMB Survey asked mothers if, in the months after their new baby was born, they would say that they were a little depressed.

### A. By Service Planning Area (SPA)



### B. By Maternal Characteristics

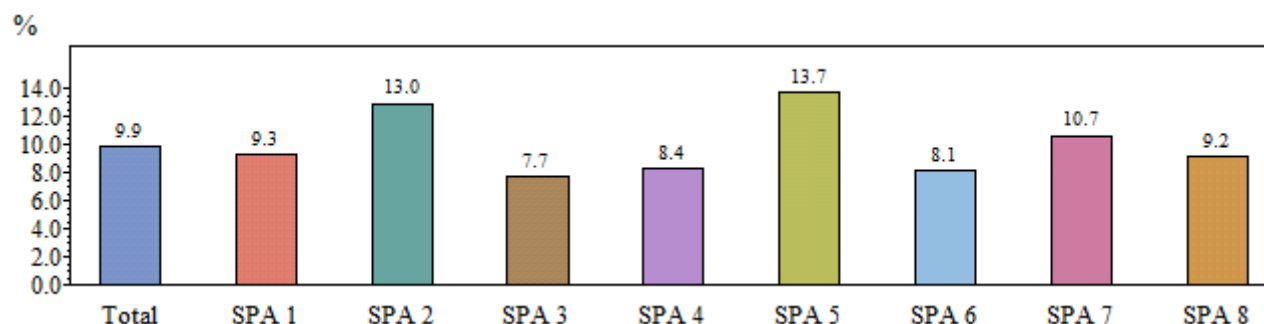
		A little depressed			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
<b>Countywide</b>		34.1	32.2-36.0	2,385	43,908
<b>Race/Ethnicity</b>	White	34.3	31.5-37.1	567	7,883
	Latino	35.4	32.9-37.9	865	26,252
	African American	32.0	28.7-35.2	370	3,137
	Asian/Pacific Islander	30.7	23.9-37.6	444	5,957
<b>Age at Delivery</b>	< 20 Years	38.0	34.8-41.3	417	3,411
	20-24	36.2	32.2-40.2	348	8,852
	25-34	34.0	31.3-36.6	1,114	22,270
	35+ Years	31.4	26.9-36.0	506	9,375
<b>Years of Education at Delivery</b>	Less than high school	35.5	31.2-39.8	420	9,636
	Completed high school	35.3	31.0-39.5	504	10,605
	Some college	31.9	28.1-35.8	563	9,937
	Completed college or beyond	33.7	30.4-37.0	755	12,291
<b>2011 Household Income</b>	<\$20,000	36.4	33.4-39.4	759	15,174
	\$20,000-\$39,999	34.0	29.3-38.6	415	8,806
	\$40,000-\$59,999	37.4	31.8-42.9	218	3,811
	\$60,000-\$99,999	33.9	29.4-38.4	292	4,610
	\$>\$100,000	31.8	26.7-37.0	380	5,807
<b>Marital Status at Delivery</b>	Married	31.7	29.0-34.3	1,241	22,184
	Never Married/Living Together	37.8	34.4-41.2	674	14,338
	Unmarried/Not Living with Partner	35.7	31.7-39.7	433	6,883

Missing and unknown categories are excluded from the analyses.

\*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

## Self-reported Postpartum Depression: Moderately depressed

The LAMB Survey asked mothers if, in the months after their new baby was born, they would say that they were moderately depressed.  
A. By Service Planning Area (SPA)



B. By Maternal Characteristics

		Moderately depressed			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
<b>Countywide</b>		9.9	8.8-10.9	683	12,700
<b>Race/Ethnicity</b>	White	11.3	9.3-13.3	169	2,604
	Latino	10.0	8.5-11.5	228	7,408
	African American	9.1	7.3-11.0	112	897
	Asian/Pacific Islander	7.8	5.5-10.1	114	1,513
<b>Age at Delivery</b>	< 20 Years	8.8	7.0-10.7	114	794
	20-24	7.6	5.6-9.6	96	1,860
	25-34	10.9	9.3-12.5	339	7,146
	35+ Years	9.7	7.4-12.0	134	2,901
<b>Years of Education at Delivery</b>	Less than high school	7.5	5.5-9.6	98	2,047
	Completed high school	9.9	7.5-12.2	136	2,967
	Some college	10.6	8.4-12.9	173	3,312
	Completed college or beyond	10.6	8.8-12.5	217	3,881
<b>2011 Household Income</b>	<\$20,000	10.4	8.5-12.3	232	4,349
	\$20,000-\$39,999	9.4	7.0-11.7	113	2,429
	\$40,000-\$59,999	9.2	6.1-12.4	57	943
	\$60,000-\$99,999	11.8	8.6-14.9	87	1,603
	\$>\$100,000	10.9	8.1-13.6	104	1,983
<b>Marital Status at Delivery</b>	Married	10.0	8.5-11.4	354	6,997
	Never Married/Living Together	7.9	6.2-9.6	170	2,999
	Unmarried/Not Living with Partner	13.1	10.1-16.1	151	2,531

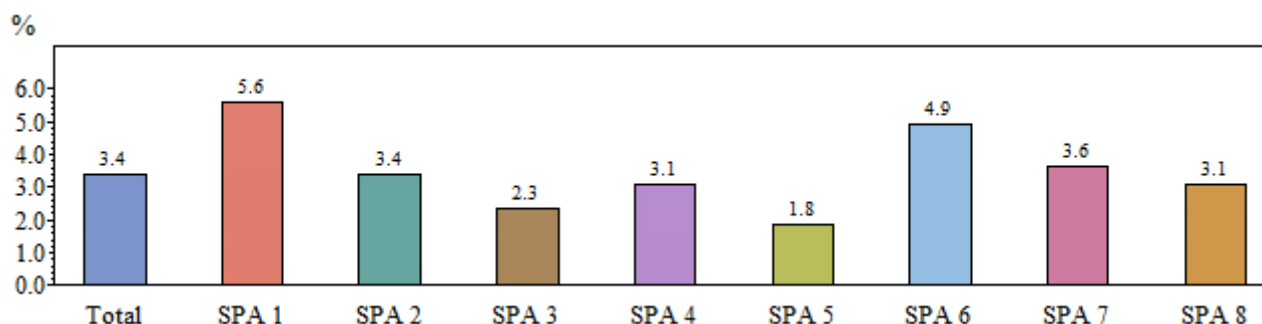
Missing and unknown categories are excluded from the analyses.

\*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

## Self-reported Postpartum Depression: Very depressed

The LAMB Survey asked mothers if, in the months after their new baby was born, they would say that they were very depressed.

### A. By Service Planning Area (SPA)



### B. By Maternal Characteristics

		Very depressed			
Maternal Demographics	Category	%	95% Confidence Interval	Survey Respondents	Estimated County Total
<b>Countywide</b>		3.4	2.7-4.0	240	4,337
<b>Race/Ethnicity</b>	White	2.0	1.3-2.7	47	462
	Latino	4.1	3.1-5.1	90	3,005
	African American	5.1	3.7-6.6	60	504
	Asian/Pacific Islander	*1.4	0.6-2.2	22	275
<b>Age at Delivery</b>	< 20 Years	3.8	2.6-5.0	51	340
	20-24	4.2	2.5-6.0	46	1,037
	25-34	3.4	2.5-4.3	102	2,228
	35+ Years	2.5	1.3-3.6	41	732
<b>Years of Education at Delivery</b>	Less than high school	4.7	3.0-6.4	54	1,274
	Completed high school	3.7	2.3-5.0	63	1,099
	Some college	3.3	2.0-4.5	56	1,015
	Completed college or beyond	1.7	1.0-2.4	40	625
<b>2011 Household Income</b>	<\$20,000	4.9	3.7-6.2	110	2,054
	\$20,000-\$39,999	*2.2	1.0-3.3	30	564
	\$40,000-\$59,999	*3.4	1.1-5.7	20	345
	\$60,000-\$99,999	*2.3	0.8-3.9	20	318
	\$>\$100,000	*1.3	0.5-2.0	18	230
<b>Marital Status at Delivery</b>	Married	2.1	1.5-2.8	77	1,492
	Never Married/Living Together	3.8	2.5-5.0	75	1,422
	Unmarried/Not Living with Partner	5.6	3.8-7.5	76	1,083

Missing and unknown categories are excluded from the analyses.

\*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.