

Los Angeles Department of Public Health

Youth Advisory Council 2021-2022

ABOUT



The Los Angeles County Department of Public Health Youth Advisory Council is a group of youth brought together to increase youth involvement. The Council is part of the Department's new Positive Youth Development Initiative that aims to promote positive outcomes for young people by providing opportunities that build on strengths and empower next-generation change-makers to reach their full potential. The Los Angeles County Department of Public Health Youth Advisory Council is a group of youth brought together to increase youth involvement within the Department. The Council is part of the Department's new Positive Youth Development Initiative that aims to promote positive outcomes for young people by providing opportunities that build on strengths and empower next generation change makers to reach their full potential.

Through the Public Health Youth Advisory Council, members:

- Work directly with DPH staff at a public health center, serving as local DPH youth ambassadors and gain hands-on community-level work experience.
- Develop leadership and advocacy skills through monthly Youth Advisory Council meetings focused on strengthening youth voice, along with personal and group competencies.
- Learn about the various public health issues impacting Los Angeles County residents and how the Department addresses them.
- Advise and make appropriate recommendations regarding health issues of particular interest to youth within Los Angeles County.



YAC IN ACTION



Testimonial 1

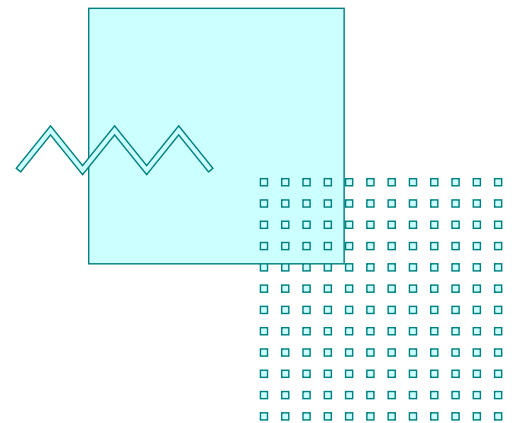
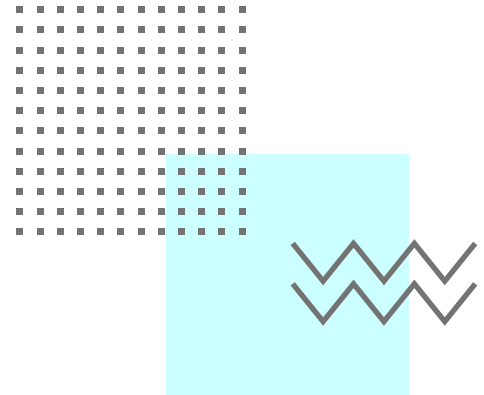
“One thing I like about the program is all the life skills you learn. Most of these skills are skills we do not learn in school. For example, networking, building a resume, how to manage time and stress, etc.”

—*Youth Advisor*

Testimonial 2

“I believe what has been the most helpful for me is the hands-on public health work that I have taken part of in my community. All the outreaches, meetings, conferences, projects, and speeches I have recited have truly exposed me to what public health is. My supervisors, youth advisors, and the ones in charge of the program have been a great foundation of support as well.”

—*Youth Advisor*



MEET THE SR. YOUTH ADVISORS

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Osiris Lamon
Sr. Youth Advisor
Service Planning Area 1

Osiris Lamon is a freshman at the University of California of Berkeley, in their top three nationally ranked Haas School of Business. He's currently studying Business Administration and Data Science. In the future, Osiris wants to pursue a career in management consulting, helping big companies and corporations solve the complex problems affecting their business.

Currently, Osiris is a senior youth advisor where he helps with program planning and guiding the youth advisory council members in SPA 1 towards success. As a youth advisor, Osiris has developed public health workshops relating to food deserts and healthy eating. He has also been an advocate for teen mental health in the Los Angeles County area. Finally, he has made strides to bring awareness towards the Antelope Valley's homelessness epidemic (SPA 1). His goal as a Senior Youth Advisor is to provide input that will help guide the new YAC cohort and help potentially grow the YAC platform. Osiris loves entrepreneurship and enjoys working on startups in his free time. His hobbies include watching anime, playing basketball, and going to the aquarium.



Alyssa DeLaTorre
Sr. Youth Advisor
Service Planning Area 3

Alyssa DeLaTorre is 20 years old and attends Pasadena City College. Alyssa plans to major in Public Health and pursue a minor in Child Development. Alyssa had the distinct privilege of being chosen by the nonprofit organization Peace Over Violence for an exclusive interview by Spectrum for Teen Dating Violence Awareness Month. Alyssa is very passionate about tobacco control and prevention. In 2019 she worked with the LAC-USC Wellness Center, where she advocated to ban flavored tobacco products in the city of South Pasadena and Baldwin Park. She has also conducted workshops for teens and adults about the harmful effects of flavored tobacco and vaping products on the teen body and brain.

After college, Alyssa would like to take her Public Health knowledge and educate different communities about resources available to them and work with children. Alyssa is currently a cast member at Walt Disney and hopes to grow in entertainment. When Alyssa is not at school or work, you can find her at Disneyland, where she can always be herself. Alyssa enjoys pop music, painting, watching shows, or hanging out with her baby cousins. Alyssa is excited to see what's in store for her this Youth Advisory Council cohort and, most importantly, wishes to see her community grow and make many friends.



Daniel Trigo
Sr. Youth Advisor
Service Planning Area 7

Daniel Trigo is a rising sophomore at the University of Southern California. He previously attended the Applied Technology Center (ATC) High School and California State University Dominguez Hills for his first year. At the ATC, Daniel studied in Health-Sciences Career and Technical Education classes and learned about mental health and how it affects the human body. Currently, he is majoring in Psychology and minoring in Public Health. He plans to pursue a master's Degree in Public Health after graduating from college.

Outside of the classroom, he has also participated in other programs that have impacted his community in Montebello. He was an Energy Ambassador in the Montebello Unified School District Energy Ambassador Program throughout 2018. He helped consult with Montebello and Bell Gardens residents on reducing energy usage to help the environment. He was also involved in clubs at the ATC, such as his school's chapter National Alliance on Mental Illness, in which he has made efforts to break the stigma of mental health among his peers. During his first year at the Youth Advisory Council, he worked on multiple projects such as conducting outreach at various events through Parks After Dark, and One Degree, where 1000+ resources have now been cataloged for the SPA 7 area. He is continuing his work in the Council as a Senior Advisor to help incoming Advisors find new ways to support their communities.



Gisselle Gonzalez-Perez
Sr. Youth Advisor
Service Planning Area 7

Gisselle Gonzalez-Perez is a first-generation Mexican American student at Stanford University. She is a sophomore student studying Human Biology. Gisselle has interests in public health, medicine, and social justice studies. After her undergraduate studies, Gisselle plans to apply to medical school because her goal is to become a physician and work for the CDC.

Gisselle has been involved with the Youth Advisory Council since 2019 and currently holds the position of Senior Youth Advisor for a second time. The Youth Advisory Council has offered Gisselle the opportunity to work alongside public health professionals to provide her perspective as a young person. Gisselle is also Health Justice Fellow for Latinas Contra Cancer, a nonprofit organization in San Jose, CA that advocates for the underserved Latino population on cancer prevention and treatment. She recently received a position as a Research Associate for Stanford's Department of Medicine, Division of Primary Care and Population Health.

Gisselle enjoys going to the beach, going on road trips, and off-roading with her family in her free time. Gisselle is looking forward to continuing her advocacy work through Youth Advisory Council and hopes that her hard work will provide an antidote for the growing challenges with mental, social, and physical health.



Fabiola Nunez
Sr. Youth Advisor
Service Planning Area 6

Fabiola Nunez is a sophomore at Cal State University, Fullerton. Her biggest dream is to make her mother proud by graduating college, as her mother is her biggest supporter. In Fabiola's family, education is critical, and going to college was a significant milestone. In her 1st year of college, she earned all A's and B's, and although college was not the way she visioned it, attending online made it difficult for her to stay engaged, she is very proud that she persevered.

Fabi loves going on short trips with her family and having BBQs at home during her free time. Fabiola also loves keeping up with fashion and photography. Fabiola believes photographs are her way of reliving beautiful memories when she looks back at them. Fabiola loves dogs and has her pup named Bear, her best friend.

Fabiola has been in the Youth Advisory Council since 2019 and has had the opportunity to lead monthly meetings, support with evaluation, and even create pamphlets for an event called Spring into Love. This year Fabiola hopes to gain more experience on how to be a great mentor to her mentees, gain more skills in networking, and work as a team with the other youth advisors to improve the health of her community.



Arnav Kacker
Sr. Youth Advisor
Service Planning Area 7

Arnav Kacker is a first-year Biology major at the University of California, Riverside. He plans to earn his Bachelor of Science in Biology in 4 years and attend medical school. After spending a year as a Youth Advisor from 2020- to 2021, he developed a passion for public health and research. Arnav served at the Covid-19 Mega POD vaccination sites during the peak of the pandemic as well as a peer advisor for the Public Health Taskforce, where he facilitated activities and discussions for LAUSD students related to Covid-19 and health disparities. Now Arnav holds the role of a Senior Youth Advisor for the current Youth Advisory cohort, which led him to take up a position as a Public Health Peer Lead at U.C. Riverside's wellness center.

This term, Arnav plans to work on collaborative community forums on substance use with Mothers Against Drunk Driving and a research project to explore the relationship between parental pressures and academic performance. He is also mentoring two new Youth Advisors, role in program planning, and leading the monthly YAC meetings.

Arnav looks forward to learning more about public health and the medical field through his roles and first year in college.



Evan Bowman
Sr. Youth Advisor
Service Planning Area 5

Evan Bowman is a 17-year-old senior at The Archer School for Girls, where she serves on the Diversity Conference Leadership Team and the Black Student Union Executive Board. Outside of school, she is a civically engaged advocate, using her voice and standing up for disadvantaged and marginalized communities. Evan works as a Senior Youth Advisor at the L.A. County Department of Public Health, specializing in youth mental health and women's reproductive health. Through her work at DPH, she hopes to help increase wellbeing and health equity in her community.

Evan is also a peer health educator at the community nonprofit Black Women for Wellness. She also serves as the Far West Regional Teen Foundation Chair for Jack and Jill of America Foundation, where she leads frequent community service and fundraising activities for over 700 participants. Evan has regularly appeared on the television show 'Protest and Promise' as part of the young adult Panel that shares the stage with city officials, discussing community issues. Evan is determined to continue serving her community throughout her career; when she enters college, she plans to major in public health before pursuing her medical degree.



Yazmeen Williams
Sr. Youth Advisor
Service Planning Area 6

Yazmeen Williams is an 18-year-old freshman majoring in nursing at California State University Long Beach. Yazmeen's passion is biology, and she had always wanted to be a marine biologist. The older she got, the more those dreams changed into wanting to be a nurse to help people. She is hoping to make a difference in people's life, no matter how big or small that is.

One of Yazmeen's favorite hobbies is her love for makeup. Yazmeen uses makeup to express herself and believes that everyone deserves to be themselves as long as they aren't hurting anyone. Yazmeen likes to bring that philosophy into every aspect of her life in order to make others feel seen. Yazmeen has accomplished two summer training programs with the Network for Teaching Entrepreneurship Entrepreneur Program. In this program, Yazmeen learned what it takes to be an entrepreneur, created an idea for her own business, and participated in a competition where she pitched her idea. Yazmeen decided to join the Youth Advisory Council so that she could get experience in public health and be able to become more independent. In her time in the YAC she has held Youth forums where she shared her perspective on issues in racism and violence. These are important to discuss because often these issues are overlooked in her communities especially when it came to youth speaking to adults about their experiences.



Morgan McIntosh
Sr. Youth Advisor
Service Planning Area 8

Morgan McIntosh is a senior at Marymount High School. After high school, she plans to major in media & communications and intertwine her interests in public health with writing, publications, and production. Her interests include creative writing, drawing, filming, and baking.

During her junior year, Morgan created a social-justice film navigating through hyper-sexualization and double-standards in the home, media, and school setting- a project that was featured in the Women's Voices Now global film festival. Morgan is also currently developing a COVID-19 documentary, in which she interviews subjects from around the world on their experiences during the pandemic. Morgan is currently the Arts & Entertainment Editor for her school newspaper, a magazine staff writer, an elected peer tutor, as well as a Senior Admissions representative. Morgan is also a Senior Youth Mentor for the Los Angeles County Department of Public Health, which focuses on raising awareness to and educating the public on health threats. Morgan has conducted mental health & COVID-19 presentations, as well as hosted a filmmaking workshop series on the basics of filmmaking within public health. Morgan's workshop was spotlighted in the Women's Voices Now summer newsletter and social media. Morgan's goal in the Los Angeles County Department of Public Health is to contribute to improving the sociological, physical, and mental wellbeing of her community.



Ivonne Galicia
Sr. Youth Advisor
Service Planning Area 8

Ivonne Galicia (she/they) is a first-year student at the University of California, Berkeley. They are majoring in ethnic studies with a minor in public health. With her degrees, they hope to be able to travel internationally and work with underserved communities to provide a better quality of life and eventually open her own nonprofit organization.

They envision their future nonprofit to help provide proper medical and health care to undocumented individuals along various countries and borders. Currently, she is a Sr. Youth Advisor for the Los Angeles County Department of Public Health where she helps with program planning and guiding SPA 8 youth advisors to success. Their goal with the Youth Advisory Council is to gain as much knowledge as possible on health issues affecting her community and be able to educate others. One of Ivonne's most recent accomplishments is being accepted to a field study program at their university where they will study the causes and effects of houselessness on black and Latinx communities. She hopes to use her knowledge of public health from her previous Youth Advisory Council year and share it with her SPA and leadership team.

In their free time, she enjoys photography and caring for animals. They especially enjoy these activities when they're combined! She is a dog and cat-sitter on weekends and often takes professional pictures of the pets she cares for. Ivonne is very excited for their future with the Youth Advisory Council.

MEET THE NEW YOUTH ADVISORS



Makenna Jacob
Youth Advisor
Service Planning Area 1

MaKenna Jacob is a senior at SOAR High School in Lancaster, a city within the Antelope Valley region of Los Angeles County. Her school provides dual enrollment opportunities, so she takes college courses at the Antelope Valley community college alongside her high school classes. Her plans after high school are to go to a university and eventually medical school to pursue a career in healthcare. As of now, MaKenna's goal is to become an ophthalmologist or neurologist, but she is excited to explore the diversity of the medical field.

She has cultivated her photography and leadership skills at SOAR as the yearbook's president for the third consecutive year. The yearbooks she has put together require countless hours of dedication and are her proudest accomplishments, especially considering adapting to unanticipated circumstances with distance learning.

As a Youth Advisor, MaKenna hopes to gain more knowledge about the world of public health and use her skills and voice to contribute to solutions involving essential issues. Her overall goal is to impact her local community by engaging in public health initiatives and passion projects. Most importantly, she wants to be a good role model to her peers and younger kids and demonstrate that age is not an obstacle you have to overcome to make a difference. She cannot wait to take advantage of this fantastic opportunity!



Brian Tran
Youth Advisor
Service Planning Area 2

Brian Tran is a junior at Granada Hills High School in San Fernando Valley. Brian enjoys working and actively volunteering in his local community. He has worked with various community-based organizations; including ONEgeneration, a program that provides food for seniors, and Pacific Beach Coalition, a program that helps clean and preserve the environment. Brian strives to complete at least one year's worth of college classes by taking several A.P. courses and aims to choose a career path by the time he finishes high school. One of his recent accomplishments are his A.P. scores, which will help him prepare his college applications. He plans to pursue a career in orthodontics or computer science, but still wants to explore new career pathways. In his free time, he enjoys playing basketball recreationally and collecting sports cards.

In the Youth Advisory Council, Brian hopes to develop his leadership and public speaking skills and learn how to make his community a better place. He believes that improving his leadership and public speaking skills will prepare him for his future and will allow him to further contribute to his community. With improved leadership and public speaking skills, he will have more confidence in his future endeavors. Brian also believes that at the Youth Advisory Council, he can build meaningful connections, and take his first step into the field that he wants to pursue in the future.



Isabelle Chavez
Youth Advisor
Service Planning Area 2

Isabelle Chavez is a junior at California State University Northridge, majoring in Public Health. After graduation, Isabelle's plans are to pursue law school and to one day become an attorney with a focus on medical disparities. She is involved in many clubs on campus, such as a sorority and a pre-law club. She is passionate about being able to make a change in her community and being able to fight for what is right. In her spare time, Isabelle loves to be outdoors in nature and to explore the beauty outside. In addition to that, she enjoys reading and taking care of her many plants. Isabelle has a passion for being active and can be found at the gym on her days off.

Through the Youth Advisory Council, Isabelle hopes to grow as a professional and an advocate for public health disparities. One of her many goals is to expand her knowledge on public health issues and how to resolve those outcomes. Isabelle is grateful for this amazing opportunity and is excited to be able to help communities alongside the Public Health Department. As a Youth Advisory Council member, Isabelle hopes to elevate the voices of those who are not heard, and to also be able to advocate for them on behalf of the San Fernando Valley.



Nare Setanyan
Youth Advisor
Service Planning Area 2

Nare Setanyan is a senior at Clark Magnet High School in Glendale. She is an Honor Roll student and simultaneously takes classes at her local community college. Nare plans to pursue a career as a PA (physician assistant) after completing her Psychobiology B.S. The field of public health has always been of interest to her, and she hopes to make a difference in her community with the work she does at DPH. As a member of the Youth Advisory Council, Nare hopes to increase awareness about health, safety, wellbeing, and available resources among the youth in her community.

A few of Nare's hobbies are playing piano, baking, and playing volleyball. Her favorite pastime is spending time with her family and friends, who are an incredibly important part of her life. A recent accomplishment of hers is leading a team of L.A. Metro Youth Interns through an annual Transportation and Career Academy Project and receiving the award for Best Project Proposal among other Youth Interns. Nare's most major impact has been on the Armenian community. She is a very cultured person and prides herself on being socially involved among immigrant Armenians. She hopes that her work at DPH will lead to a well informed and more active youth representation in Los Angeles.



Sadie Metcalfe
Youth Advisor
Service Planning Area 3

Sadie Metcalfe is a high school senior at South Pasadena High School. She hopes to go to college and study pre-medicine. She also wants to learn about public health and health sciences, as well as women's, gender, and sexuality studies. Sadie has a passion for reproductive rights and healthcare. Recently, Sadie finished her Girl Scout Gold Award, which was a social media campaign on access to birth control and information about sexually transmitted infections (STIs). She taught a sex education class, held four interviews with healthcare professionals in the field, conducted a webinar about sexual health, and organized a condom distribution. Sadie is the leader of the Peer Mediation program at her school, where she helps resolve conflict and increase awareness of student issues on campus. Last year, she completed an outreach project on body image with Planned Parenthood. Sadie is her school's Health and Wellness Officer in the Associated Student Body, where she addresses physical, mental, and sexual health through school-wide projects.

Sadie is a competitive swimmer, makes earrings in her free time, and has three dogs named Ollie, Milo, and Ziggy. She loves to read, bake, and watch her guilty pleasure T.V. show, Bachelor in Paradise. In the Youth Advisory Council, Sadie wants to work with professionals in the field to conduct a project about mental health and its intersection with sexual health. She looks forward to talking to her peers, conducting research, and jumping into the field of public health headfirst!



Richter Batoon
Youth Advisor
Service Planning Area 3

Richter Batoon is an International Baccalaureate Senior at Azusa High School. Richter is an immigrant, a first-generation high school student and soon-to-be college student. He is currently exploring different career options in nursing, public health, marketing, and communications. He hopes to find a career helping people by increasing accessibility to resources and raising awareness about issues that marginalized communities face.

Richter is the president of the I.B. club, Korean Pop and Culture club, and captain for the school's award-winning color guard team. In addition, he is a brand ambassador for AZNActivists, a nonprofit organization that raises awareness on issues that the Asian American and Pacific Islander (AAPI) community faces. In his free time, he enjoys binge-watching Netflix shows such as The Witcher, spending time with his friends, listening and singing to music.

Richter has participated in the Public Health Task Force program and the Public Health Ambassadorship in L.A. County. As a youth advisor, Richter hopes to learn more about substance abuse and mental health. His objective is and reduce stigma and encourage youth to advocate for themselves through engagement and education, Overall, Richter strives for a more equitable and safe space where everyone can thrive and pursue their aspirations.



KC Aldana
Youth Advisor
Service Planning Area 4

KC Aldana is a junior attending the University of Southern California, majoring in Sociology and minoring in Psychology. They are passionate about mental health, social justice, LGBTQ rights, and youth outreach. K.C.'s goals include becoming a clinical social worker and providing impactful mental health services to those in need.

In addition to their role as a Youth Advisor, K.C. volunteers at the Los Angeles LGBT Center and serves as a Young Adult Leader for the Community Action Network (CAN) program. K.C. helps develop and facilitate workshops on topics such as Sexual Health, Youth Leadership, Mindfulness Meditation, and LGBTQ+ Competency for both students and educators. This past summer, K.C. also had the privilege of teaching reading to second and third-grade students for Wise Readers to Leaders, a nonprofit organization aimed towards minimizing the achievement gap between high- and low-income students. K.C. enjoys drawing, reading, playing video games with their siblings, knitting, and watching horror movies in their free time.

As a Youth Advisory Council Member, K.C. wants to learn more about what health issues impact their community and their role in addressing these concerns meaningfully. They also want to learn more about working in the mental health field and growing their professional and leadership skills.



Phillip Sinclair
Youth Advisor
Service Planning Area 5

Phillip Sinclair is a Senior at Alexander Hamilton High School in Los Angeles California. He is involved with The Wellbeing Center and is a Youth Advisor. He became a Youth Advisor so he can make a positive impact on health. His plans after High School are to attend a community college, start a clothing brand and help his community. His goals and aspirations are to stay healthy and take care of his family. His most recent accomplishments are starting a shoe business and enrolling in an early business college course at his high school. His interests are in fashion because it shows people what you think roughly on the first glance. His hobbies include working out, playing video games, doing tricks on his skateboard, and listening to music.

As a Youth Advisor for the Department of Public Health, Phillip hopes to gain work experience, learn about health, get to know his peers and open new doors in the future.



Cassidy Woolsey
Youth Advisor Service
Planning Area 5

Cassidy Woolsey is currently a senior at Pacifica Christian High School, in Santa Monica. They have a great passion for science, specifically the neuroscience field. This year, they helped co-found the neuroscience club at their school called *Neuromasters*. This club was created for high school students with an interest in this field to take part in neuroscience-specific activities and to learn how to stay involved once out of high school. In addition, they have been able to take part in Pacifica's STEM Scholars Program and their School Ambassador Board.

Apart from neuroscience and school, Cassidy is incredibly thrilled to be on the Youth Advisory Council. Currently, they are most looking forward to gaining more hands-on public health experience and to meetings with Los Angeles County Department of Public Health professionals. They cannot wait to continue learning more about how public health works; how as a YAC member, they can also play a role, and how this public health affects the Los Angeles community.



Hailey Franks
Youth Advisor
Service Planning Area 5

Hailey Franks is a junior at University High School Charter. Hailey plans to attend a four-year college. Currently, she plays varsity cross country and track at her high school. She enjoys being in a team environment and working with different people. Hailey loves to be involved in her community and is also a member of her school's leadership committee, where she works to improve her school and community with hopes to bring students closer together. Hailey is also a member of the Red Cross Club and HBCU Club at her school. In her free time, she likes to read books and watch movies. She finds that taking time to be alone is something needed and great for her mental health.

One accomplishment of Hailey's has been taking 3 college classes, while still being in high school. It is already difficult to keep up with regular schoolwork, so receiving A's in college and regular classes took a lot of hard work. Another accomplishment of hers has been becoming a member of the Department of Public Health Youth Advisory Council. As a Youth Advisor, she hopes to actively make a difference in her community and raise awareness about topics that are important to her like misconceptions about vaccines and racial disparities in health care. She also hopes to better understand her community's public health issues and that this experience can make her a better leader and improve her communication skills.



Hannah Franks
Youth Advisor
Service Planning Area 5

Hannah Franks is a 16-year-old junior at University High School Charter. Hannah has been a part of her school's cross-country and track team for all three of her years in high school. She truly cherishes the camaraderie and devotion that is a part of being a student athlete. Besides sports, Hannah is a member of the leadership council at her school and strives to further involve students in campus activities and make her school a place that is enjoyable to all. She is always looking for ways to let students' voices be heard on and off campus, to both the staff and her peers. Hannah also enjoys being involved in different clubs at her school, some including Black Student Union, Red Cross Club, and the Class of 2023 club.

One of Hannah's biggest accomplishments has been finishing both her Freshman and Sophomore years with straight A's, while maintaining a healthy and balanced social life. In her free time, Hannah enjoys reading, swimming, and spending time with family and friends. She plans to attend a 4-year university and explore the different future career options that she might possibly be interested in. While being a part of the Youth Advisory Council, Hannah hopes to gain more confidence on communicating with others about important issues affecting her community and to learn how to be a better and more effective leader. Hannah is very grateful to be involved in the Youth Advisory Council and is eager to make a positive change in her community that will improve the wellbeing of others.



Kiera Lin
Youth Advisor
Service Planning Area 5

Kiera Lin, a junior at Marlborough School in Los Angeles, California, has a passion for helping her community through tutoring and leadership. During the past year, she realized the gap in education in her community and wanted to create change. She took on various roles in four tutoring organizations that help underprivileged children get the education they deserve. These include Leaders United for Change and Rise High Tutoring. At school, she is the leader of the Asian Pacific Islander (API) affinity group. She can provide a safe space for API students to discuss the experience of being API in a white-dominated school. She regularly plans meetings, events, and fundraisers to help the API community. In her spare time,

Kiera enjoys spending time with family and friends, playing board games, and engaging in her hobbies: soccer, snowboarding, and organizing. As a youth advisor, Kiera hopes to improve her time management, leadership, and public speaking skills, while serving her community as a voice for the youth.



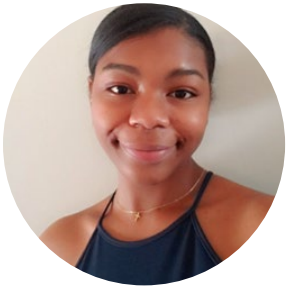
Khy Christian Cole
Youth Advisor
Service Planning Area 6

Khy Cole is a sophomore at Grambling State University in Grambling, Louisiana. She is currently majoring in History with a Concentration in Law and Society. Next year, she plans to enroll in her university's 4+1 program to earn her B.A. and M.A. Upon graduating from Grambling, Khy plans to attend graduate school to study Public Administration. Though undecided on the career she wants to pursue, she believes her ultimate purpose is to bring change in the world. Khy is actively involved in her community. In 2018, she partnered with Willowbrook Community Action for Peace and coordinated an event to identify and reduce violence and trauma in the community. She has volunteered as a mentor and student aid in inner-city elementary schools and collaborated with Charles Drew University's program, "Leaders in Transformation," which encourages youth to be leaders in their communities. Moreover, she founded a nonprofit organization, *A Walk in Your Shoes*, dedicated to houseless folks in Los Angeles. Her organization has donated goods to over 700 people within Watts and Willowbrook area. As a Youth Advisor, Khy hopes to connect with young adults who envision edifying their communities and excited to advocate for voices that are often silenced. In her free time, Khy enjoys spending quality time with her family, watching movies, learning new languages, and working in ministry at her church. Inspired by her favorite photographer André Kertész, she loves capturing the essence of life through the lens of her film camera.



Cassandra Olmos
Youth Advisor
Service Planning Area 6

Cassandra Olmos is a senior at Manuel Dominguez High School, in the city of Compton. She plans to attend college next year and study pre-medicine as well as Public Health. Cassandra's goal is to become a Physician in Family medicine. She has taken early steps to reach her goal through her involvement with Project Lead the Way Biomedical Studies pathway at school where she guides multiple groups to develop innovative projects that help improve medicine equipment and medications. Cassandra is also a mentor in a club called, Elevate Your Game, where she helps empower incoming leaders/students to change communities globally. She also serves as a volunteer with the Erasto R. Batongmalaque Foundation where she plans food banks and wellness programming for senior veterans. Cassandra was an intern for EXP Future—The Center for Excellence in Life, where she networked with master mentor professionals in the medical field. Additionally, she is part of the CNA program at her school where she learns hands-on clinical care in a hospital setting. In her spare time, Cassandra takes college classes at Compton College. Her hobbies are decorating, event planning, and organizing approaches for living in a stress-free environment. Cassandra is honored to be a member of the Youth Advisory Council and hopes to use this platform to advocate for health equity and accessibility for diverse communities, especially among the Hispanic population.



A'Star Williams
Youth Advisor
Service Planning Area 6

A 'star Williams is a 16-year-old junior at San Pedro Olguin High-school. She is involved in The Marine Science Math Science Magnet Program, a program that focuses on math and science. A'star is also passionate about children and education. This passion stems from caring for her two younger siblings. A'star is a dedicated student, who is proud of keeping good grades and a great relationship with her teachers. A' Star worked hard in school and won the Student of the Year Award in 5th grade which is a goal she had for 3 years. A'star now carries the belief that anything is possible through any challenge, especially when it comes to her academics.

A'star enjoys spending time with her family who are her biggest motivations for doing well. In addition, she enjoys spending time with her dogs. A'star's biggest passion is doing God's will in her life. She spends a lot of time studying her Bible and fellowshiping with other believers. A'star is very grateful for the life she has and the amazing opportunity to be part of the Youth Advisory Council. In the Youth Advisory Council, A'star hopes to gain experience and exposure to Public Health issues. She knows that this program provides the opportunity to be involved in her community and help others. A'star believes that in the Youth Advisory Council she will be able to make an impact on the world around her and be able to combat challenges the youth may face. She is ready to be an active participant, expand her circle and learn more about the problems her community face



Francisco Morales
Youth Advisor
Service Planning Area 6

Francisco Morales is a high school senior at Manuel Dominguez High School, in the city of Compton. He plans to attend college next year to further enhance his knowledge in Nursing and work towards a Degree of Science, in Nursing. Currently, he is in his first step to becoming a registered nurse since he is enrolled in a Certified Nursing Assistant (CNA) class. He has also taken a Project Lead The Way (PLTW) course in biomedical science which has enhanced his skills in the medical field.

Francisco is in many extracurricular programs such as the Youth Advisory Council which is helping him connect with the youth in his community. The CNA program is also helping him become a nurse. Lastly, he is a mentor in a club known as Elevate Your Game (EYG) which focuses on youth in low-income areas.

Francisco hopes to gain personal connections with people who work in the MLK hospital or in the Public Health Department in L.A. County. He wants to become more knowledgeable about our health system and how decisions are made. During his spare time, Francisco wrestles in his school's wrestling team which teaches him discipline. He also loves to run, and this keeps his body in shape.



Natalie Rubio
Youth Advisor
Service Planning Area 7

Natalie Rubio is a senior who attends Bell Gardens High School. Natalie plans to attend a 4-year university to pursue environmental engineering. Passionate for the environment, Natalie Rubio desires to focus on water conservation and water management and discover alternatives to protect the environment from climate change as it relates to public health. Natalie Rubio is a witness to the air pollutants that surround her home; with freeways and industries releasing smog and other toxins, her community is a victim to respiratory illnesses. Her community is all she has ever known for 18 years; thus, this community has shaped her to become an advocate. Natalie aspires to use her experience as her motivation to fight for other affected communities that endure environmental injustices.

Natalie is a high-achieving student with a grade point average of 4.05. She is an ambassador for Globally Responsible Environmental Engineering Network (GREEN) Pathway where she practices eco-friendly options within her school. Currently, Natalie is building a vertical garden at her school so she can encourage others to grow a garden at their residence. In her free time, she enjoys singing, crocheting, and reading. Natalie deeply believes that as a Youth Advisor she will be able to flourish in her career and have a better understanding of the effects of environmental injustice on air, water, land, and public health, and learn how to address the inequities.



Mikayla Guerrero
Youth Advisor
Service Planning Area 7

Mikayla Guerrero is a senior at Cerritos High School. Ever since a young age, she has been avid about becoming a public health physician and aspires to improve the health of communities. She intends on majoring in public health in college to address community health.

Currently, Mikayla addresses the needs of her community through leadership and service. At her high school, Mikayla is the president of four clubs: Key Club, Octagon, Surfrider and Health Occupations Students of America. Through these clubs, she organizes outreach events e.g., beach cleanups, serving food to the homeless, and volunteering at health fairs. Mikayla has also been a part of her school's Model United Nations (MUN) program). At the Nationals MUN Conference, Mikayla spoke at the plenary session, addressing 800 participants about reducing the harmful effects of forest mining on the environment. In her free time, Mikayla enjoys playing volleyball, watching K-dramas, going on hikes with family and friends, and reading up articles about nutrition and health.

As a Youth Advisor for Los Angeles County Department of Public Health, Mikayla hopes to advocate for youth, develop and conduct workshops and presentations on nutrition, study the correlation between mental health and body image, and spread awareness about drugs, and environmental justice.

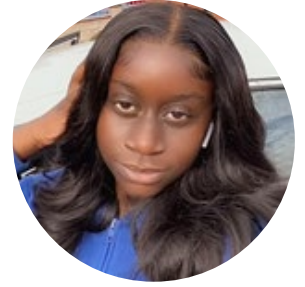


Alana Cho
Youth Advisor
Service Planning Area 8

A Junior at Peninsula High School, Alana joined the Department of Public Health's Youth Advisory Council to contribute to the Council's impactful work. Alana is excited to create her own events, initiatives, and programs to give back to the community and make meaningful change. She is passionate about advancing her community, empowering her peers, and challenging herself to grow as a student, leader, and individual.

In her down time, Alana enjoys knitting, crocheting, writing, and watching shows like *Brooklyn 99* and *Ted Lasso*. She has explored many different fields and is passionate about medicine, social sciences, and journalism. At her school, she has been active in many of her schools established organizations such as Chinese National Honors Society, Latin National Honors Society, and English National Honors Society. Additionally, she is the Vice President of the Girls in STEM club that she founded, is the former President and Founder of the Domestic Violence Awareness Foundation, and current President of her high school's Key Club chapter.

Alana hopes to pursue medicine, journalism, political science, or psychology in the future. No matter what Alana ends up pursuing, she wants to continue making a positive impact on her community and society.



Jashanti Block
Youth Advisor
Service Planning Area 8

Jashanti Block is a seventeen-year-old senior at Gardena High School. As she approaches her last year in high school, her plan after graduation is to attend a 4-year Historically Black University. Jashanti wants to pursue a career in nursing, specifically psychiatric/mental health nursing. She believes that mental health is very important and should be taken seriously, which is why she joined the Youth Advisory Council. Through the Council, Jashanti hopes to gain more knowledge about her community as she believes in change and serving the public.

In Jashanti's free time, she is a part of a dance team called the Auxiliary Unit. She has been on the team for three years and it has shaped her high school experience and life. On the team, her coach taught her persistence and confidence. Through collaboration with her teammates, she garnered the skills of discipline, teamwork and communication. She has also made close friends that she will never forget. In addition to the Auxiliary Unit, she participates in a TRIO program called Upward Bound, a college preparatory program where she learns skills needed for students to graduate high school and excel in college. Furthermore, Jashanti values her education and meets with counselors and college aids that believe in her. As she starts her new journey with the Youth Advisory Council, she expects to contribute all that she can within her community.



To partner and collaborate with the Public Health Youth Advisory Council, please complete a Partnership Request Form:

[HERE](#)

Program Contact Information

Lizbeth Becerra, MPH
Health Educator
lbecerradavalos@ph.lacounty.gov
Office: (323) 314-1227

Pamina Bagchi, MPH
Health Program Analyst
cbagchi@ph.lacounty.gov
Office: (424) 254-6050

Kevin Donovan, MPH
Staff Analyst
kdonovan@ph.lacounty.gov
Office: (213) 400-3525

Brenda Garcia
Management Assistant
Bgarcia2@ph.lacounty.gov
Office: (213) 637-8474

**Division of Maternal, Child and Adolescent Health
Positive Youth Development Initiative
Health Promotion Bureau | Los Angeles
County Department of Public Health
600 S. Commonwealth Avenue, Ste.
800 Los Angeles, CA 90005**