

# HELPFUL RESOURCES FOR VICTIMS OF VIOLENCE

You are not alone, call any of the hotlines below.

If you or someone you know is in danger of immediate harm, call 911



Domestic Violence



Sexual Violence



Human Trafficking

## 211 LOS ANGELES COUNTY

2-1-1

<http://www.211la.org/>

211 Youth Services Website: <https://www.211la.org/youth-portal/>

211 LA is the main source for providing information and referrals for all health and human services in LA County. Trained Community Resource Advisors are available 24 hours a day to offer help with any situation, any time.

## ADULT PROTECTIVE SERVICES ABUSE REPORT HOTLINE, LA COUNTY

(877) 477-3646

[ad.lacounty.gov](http://ad.lacounty.gov)

A 24-hour service program dedicated to investigating all situations involving seniors (age 65 and older), and dependent adults (age 18-64 and physically or mentally impaired) who are reported to be endangered by physical, sexual or financial abuse, isolation, neglect, or self-neglect.

## CHILDELP NATIONAL CHILD ABUSE HOTLINE

CALL OR TEXT: 800-422-4453

LA COUNTY: 1-800-540-4000

<https://www.childhelp.org/hotline/>

Dedicated to the prevention of child abuse. This 24-hour hotline provides crisis intervention and referrals to local social services and support resources.

## COALITION TO ABOLISH SLAVERY AND TRAFFICKING (CAST) HOTLINE

(888) 539-2373

(888) KEY-2-FREE

<https://www.castla.org/>

A 24-hour service program dedicated to assisting persons trafficked for the purpose of forced labor and slavery-like practices, including sex trafficking, by providing and connecting individuals to legal services, mental health services, and shelters.

## LA COUNTY DEPARTMENT OF CHILDREN AND FAMILY SERVICES - CHILD PROTECTION

(800) 540-4000

OUTSIDE CA: 213-639-4500

TDD - HEARING IMPAIRED: 800-272-6699

<https://dcfs.lacounty.gov/>

To Report: <http://reportchildabusela.org>

For mandated child abuse and public reporting, including the commercial sexual exploitation of children (CSEC) available 24/7.

## LA COUNTY DEPARTMENT OF MENTAL HEALTH ACCESS HOTLINE

(800) 854-7771

<https://dmh.lacounty.gov/our-services/disaster-services/access-hotline/>

Entry point for mental health services in LA County including crisis evaluation teams, information and referrals, interpreter services and patient transport available 24/7. Call if you or someone you know needs mental health services.



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## LA COUNTY DOMESTIC VIOLENCE HOTLINE

**(800) 978-3600**

**NATIONAL HOTLINE: 1-800-799-7233**

**SMS: TEXT START TO 88788**

Provides 24-hour assistance to domestic violence survivors by connecting to local shelters and other support resources.

## LA RAPE AND BATTERING HOTLINE

**CENTRAL LOS ANGELES: 213-626-3393**

**SOUTH LOS ANGELES: 310-392-8381**

**WEST SAN GABRIEL VALLEY: 626-793-3385**

**LA VIDEO PHONE (ASL): 213-785-2684 OR 213-785-2749**

**PASADENA VIDEO PHONE (ASL): 626-243-7972**

<https://www.peaceoverviolence.org/hotlines>

A 24/7 confidential non-judgmental resource where staff and volunteers are available to provide emotional support, advocacy, information and referrals.

## LGBT CENTER STOP DOMESTIC VIOLENCE PROJECT

**(323) 860-5806**

<https://lgbtcenter.org/social-service-and-housing/content/domestic-violence-services>

Offers services by LGBT-domestic violence specialists, including certified domestic violence counselors and mental health professionals and attorneys who have been trained in LGBT-domestic violence issues.

## LOVE IS RESPECT HOTLINE

**(866) 331-9474**

**TEXT "LOVEIS" TO 22522**

<https://www.loveisrespect.org/>

Available 24/7 to offer education, support and advocacy to teens and young adults, as well as their concerned friends and family members, who have questions or concerns about their dating relationships.

## MALE SURVIVOR

**NO HOTLINE, WEBSITE ONLY**

<https://www.malesurvivor.org/>

Provides information to male survivors of sexual abuse, including links to crisis services and therapists.

## NATIONAL DOMESTIC VIOLENCE HOTLINE

**LIVE CHATS: (800) 799- SAFE (7233) | (800) 787- 3224 (TTY)**

**TEXT "START" TO 88788**

<https://www.thehotline.org/>

This 24/7 confidential hotline is available to survivors of intimate partner violence, their friends and family, and for people who are (or feel they are in danger of) causing harm to their partner. The hotline can connect you to local services.



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## NATIONAL HUMAN TRAFFICKING HOTLINE

**(888) 373-7888**

**TEXT OPTION: 233733**

**TTY: 711**

**Email [help@humantraffickinghotline.org](mailto:help@humantraffickinghotline.org)**

<https://humantraffickinghotline.org/>

A 24-hour national anti-trafficking hotline and resource center with live chat and text options. Provides services and support for those experiencing human trafficking

## 988 SUICIDE AND CRISIS LIFELINE

**988**

<https://988lifeline.org>

Free and confidential support 24/7 for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

## RAPE, ABUSE & INCEST NATIONAL NETWORK (RAINN) HOTLINE

**(800) 656-HOPE**

<https://www.rainn.org/>

This 24-hour confidential hotline routes callers to the nearest sexual assault service provider and provides sexual assault victims with local resources that can assist with next steps toward healing and recovery.

## SUBSTANCE ABUSE SERVICE HELPLINE, LA COUNTY

**(844) 804-7500**

<http://publichealth.lacounty.gov/sapc/>

Delivery of a full spectrum of prevention, treatment, and recovery support services to reduce the impact of substance use, abuse, and addiction in Los Angeles County open 24 hours a day.

## TEENLINE

**800-852-8336 (6-10PM PST) OR TEXT "TEEN" TO 839863 (6-9PM PST)**

<https://www.teenline.org/>

Confidential teen-to-teen peer helpline that offers advice, referrals, crisis intervention and prevention.

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For questions or concerns, contact the Office of Women's Health  
Gender Based Violence Unit at [GBV@ph.lacounty.gov](mailto:GBV@ph.lacounty.gov)

