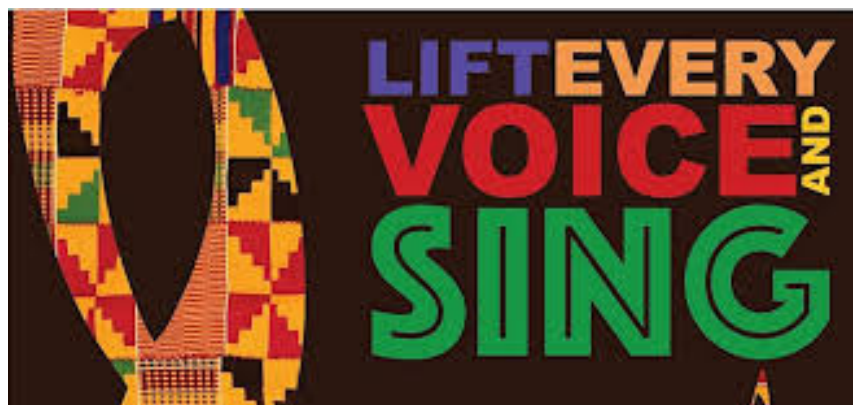
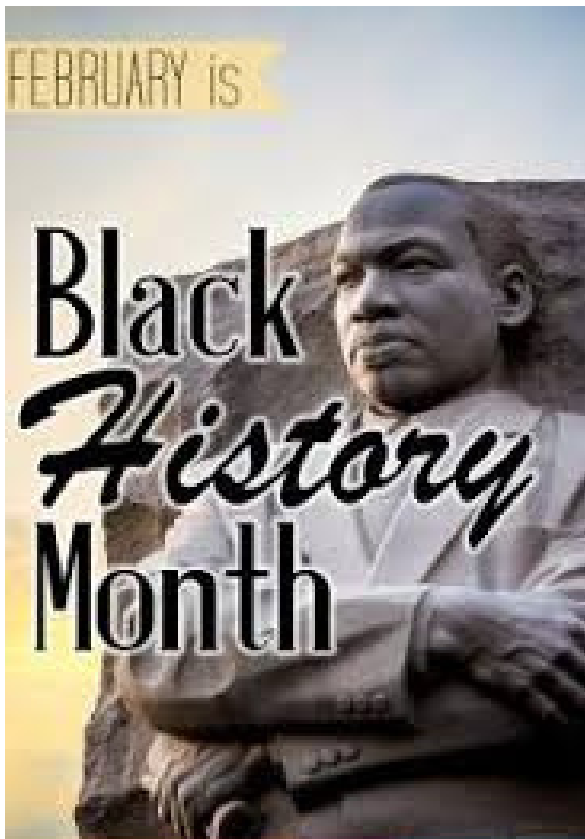


# WHAT'S GOING ON

February

SPA 5/6



# WHAT'S GOING ON

February



**AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE**  
SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM

Scan the QR Code with your phone's camera to join our emailing list, today!



For More Information Contact:  
SLASBAAIMM@gmail.com

@blackinfantandfamiliesla  
www.blackinfantsandfamilies.org



**JOIN THE MOVEMENT**

South Los Angeles/South Bay African American Infant and Maternal Mortality Community Action Team (SLASB AAIMM CAT)

**2025**

## AAIMM

Every African American/Black mother/birthing person and child deserves a joyous pregnancy and healthy birth.

**Who We Are**

A collaborative partnership between LA County Departments of Public Health, Health Services, Mental Health, First 5LA, birth workers, community members, community-based organizations, health care providers, faith-based organizations, and businesses united in reducing the rates of African American infant and maternal mortality/morbidity in the South LA and South Bay community.

**What We Do**

We work to elevate the needs of the community and implement strategies by addressing the impact of racism, catalyzing community action, and promoting wellness and equitable healthcare strategies for Black families through our four workgroups:

- Family Centered Models of Care
- Community Outreach and Engagement
- Funders Circle
- Integrative Community Solutions

**How Can You Get Involved?**

We host regional meetings every other month. We encourage you to join us as we work together to end the injustice of Black/African American infant and maternal deaths in South LA and the South Bay.

**2025 Bi-Monthly Meeting Dates**

Community Baby Showers  
Saturday, April 12, 2025  
Black Maternal Health Week  
Saturday, June 14, 2025  
Juneteenth/Father's Day

January 30, 2025  
March 27, 2025  
May 29, 2025  
July 26, 2025  
September 25, 2025  
November 20, 2025

Note: meeting dates are subject to change



**[AAIMM Presentation](#) - **CLICK HERE****

### **African American Infant and Maternal Mortality Prevention Initiative**

The countywide coalition of the African American Infant and Maternal Mortality (AAIMM) Initiative addresses the disproportionately high rates of Black infant and maternal deaths. They are dedicated to ensuring healthy and joyous births for Black families in LA County.

To learn more click here: [AAIMM](#)

### **Maternal Mental Health NOW**

Maternal Mental Health NOW is a project of community partners in Los Angeles County. Their mission is to remove barriers to the prevention, screening, and treatment of prenatal and postpartum depression in LA County.

To learn more click here: [MMHN](#)

# WHAT'S GOING ON

February



**ACT NOW TO PROTECT BLACK MOTHERS AND BABIES.**

We are uniting to celebrate and support Black mothers, babies, and families by providing culturally rooted care and advocacy, ensuring joyous and safe births for all.

The Los Angeles County African American Infant and Maternal Mortality (AAIMM) Prevention Initiative brings together the Department of Public Health, First 5 LA, the LA County Departments of Health Services and Mental Health, community organizations, healthcare providers, funders, and community members.

Follow us: [@BlackInfantsAndFamiliesLA](#) for more information and to become part of the AAIMM network.  
Learn more: [BlackInfantsAndFamilies.org](#)



Your paragraph text



**AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE**

SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM



**AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE**

FATHERHOOD PROGRAM

# WHAT'S GOING ON

February

## THE CALIFORNIA Abundant BIRTHPROJECT

### CELEBRATE YOUR BIRTH JOURNEY

Apply for the chance to receive a monthly cash gift during pregnancy and postpartum.

**NO STRINGS ATTACHED.**

#### ELIGIBILITY

- Live in Alameda, Contra Costa, Los Angeles, or Riverside counties
- Be 8-27 weeks pregnant at the time of the Abundance Drawing
- Meet income requirements\*
- Meet one of the top five risk factors for preterm birth, including:
  - Identifying as Black
  - Have had a previous preterm birth
  - Have preexisting hypertension
  - Have preexisting diabetes
  - Have sickle cell anemia (SCA)



For more information, required documents, and to apply, visit

**ABUNDANTBIRTHPROJECT.ORG**



County of Los Angeles  
**Public Health**

The California Abundant Birth Project is designed to provide monthly cash gifts to eligible participants in order to support women birthing people that are at highest risk of disparate pregnancy/birthing outcomes.

# WHAT'S GOING ON

February



## FAMILY CENTERED MODELS OF CARE WORKGROUP

*Strengthening the Village*

### WORKGROUP GOAL

To reduce the incidence of Black maternal and infant deaths in South LA/South Bay (SPA 6/8) by strengthening the village of support to and around mother and baby.

### FOCUS AREAS:

- Collaborate with LA County Perinatal and Early Childhood Home Visitation Consortium
- Support Fatherhood Engagement (Expectant Fathers and Black Daddy Dialogue)
- Collaborate with BreastfeedLA to support, promote, educate, and empower Black Breast/Chestfeeding
- Support Breastfeeding throughout SPA 6/8 and LA County

### JOIN US

**Every 1st Wednesday of the month from 12PM-1:30PM**

Scan the QR Code to Join Virtually

Contact Us! | Debrina Campbell,  
dcampbell2@ph.lacounty.gov



AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE  
SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM

# WHAT'S GOING ON

February



## Black Infants & Families

A Los Angeles County AAIMM Prevention Initiative

[BlackInfantsAndFamilies.org/Fatherhood](https://BlackInfantsAndFamilies.org/Fatherhood)

## EXPECTING FATHERS GROUP

### DADS, GET READY FOR FATHERHOOD!

Sign up for the **Expecting Fathers Group for Black Dads**, and set your fatherhood goals with a group of soon-to-be Black fathers. Become empowered to advocate for yourself and your partner. Learn what to expect in each stage of pregnancy, how to activate a village of support for you and your partner, and how your involvement can lead to a more healthy and joyous birth for both your baby and your pregnant partner.

Join a community of support and get access to the tools you need.

To learn about upcoming dates and sign up for our **FREE Zoom workshops**, please email: [DPH-AAIMMFatherhood@ph.lacounty.gov](mailto:DPH-AAIMMFatherhood@ph.lacounty.gov).

### TOPICS IN THE 5 EDUCATIONAL SESSIONS:

- WEEK 1** Prenatal Support during pregnancy. Create a Birth Plan.
- WEEK 2** What to expect during labor and delivery.
- WEEK 3** Postpartum support. Postpartum depression.
- WEEK 4** Embrace responsibilities associated with infant care.
- WEEK 5** Encouragement: Resources / Bring it all together.

TUESDAYS AT 6:30 PM  
OR  
THURSDAYS at 9:30 AM



### FATHERS, SCAN TO ENROLL

Or text DAD to 323-745-2771 to learn more about our Fatherhood Program.



**BLACK DADS MATTER.  
LET'S HELP EACH OTHER IN OUR FATHERHOOD JOURNEY.**

Funded by the California Department of Public Health Perinatal Equity Initiative via the Los Angeles County Department of Public Health Division of Maternal, Child and Adolescent Health.

# WHAT'S GOING ON

February



## OUR GOAL


Changing the Narrative of African American/Black Fathers and Families

## WHAT WE DO

- Assistance for Black father/figures who support pregnant women or children 0-5 years old
- Loss/grief support services
- Feeding the mind, body and spirit of fathers to support the African American/Black mother

## CONTACT US

 LeHenry Solomon  
Fathersforabrighterfuture@gmail.com

 Phone: (424) 223-2133

## OUR AUDIENCE



Fathers/father figures of all ages raising African American/Black children are welcome!

## VIRTUAL MEETINGS EVERY 2ND WEDNESDAY AT 6:30PM



January 8, 2025	April 9, 2025
February 12, 2025	May 14, 2025
March 12, 2025	June 11, 2025

## JOIN US



Zoom Link: <https://tinyurl.com/SLASBBDD>

Call or text DAD to (323) 745-2771 to learn about our Fatherhood Program

Note: dates and times are subject to change



AFRICAN AMERICAN INFANT  
AND MATERNAL MORTALITY  
PREVENTION INITIATIVE  
[BlackInfantsAndFamilies.org](http://BlackInfantsAndFamilies.org)

Supported by the South LA/South Bay African American Infant and Maternal Mortality Community Action Team

# WHAT'S GOING ON

February

**BreastfeedLA**

**LIVE WEBINAR**

## MILK MONEY: THE CORPORATE HIJACK OF BLACK BREASTFEEDING

**FRIDAY, FEBRUARY 7, 2025**  
**10:00 AM PST - 12:00 PM PST**

**Register Today!**  
[Tinyurl.com/radicalmoms](https://tinyurl.com/radicalmoms)

**SPEAKER**  
**LESLIE OWENS RN, IBCLC**

**black infant health**  
 Empowering Pregnant and Mothering Black Women

**blackinfanthealth.org**

## Orange County

### Parenting or Pregnant?

*Black Infant Health (BIH) aims to improve health among Black/African American mothers and babies by empowering pregnant and mothering Black/African American women to make healthy choices for a brighter future.*

### SERVICES

- IN-PERSON SESSIONS** for prenatal (10 sessions) & postpartum (10 sessions)
- LIFE COACHING** and case management
- REFERRALS** for family and healthcare needs
- SUPPORT SERVICES** provided by an integrated team of professionals including a public health nurse and mental health professional
- CLASSES** in breastfeeding, nutrition, and parent education
- BIRTHING INFORMATION** and connections to vital care

### ELIGIBILITY

- 16 years or older
- Identify as Black/African American
- Currently pregnant or up to 6 months postpartum

**GET IN TOUCH:**  
[bhoc@breastfeedla.org](mailto:bhoc@breastfeedla.org)  
 or call: 714-834-7747

**cchealth CARE AGENCY**   **BreastfeedLA**   **FIRST5 ORANGE COUNTY**

## LIBERATION LACTATION LOUNGE

FOR US BY US

### INDIVIDUALIZED SUPPORT

Join our FREE lactation clinic, a safe haven exclusively staffed by passionate Black Lactation Consultants (IBCLC) and Lactation Educator Specialists (LES). We are here to help you achieve your infant feeding goal!

### VIRTUAL AND IN-PERSON

By appointment only. No insurance required, and completely free. We offer support with:

- Breastfeeding Challenges
- Painful Latch
- Pumping
- Perinatal Lactation Education Classes
- Milk Supply
- ...And More!

### TITTIES 'N TEA

A virtual and in-person support group of prenatal and breast/chestfeeding Black birthing people uplifting each other and building community. Come sip on some tea while getting the tea on lactation and more.

- Wednesdays 2:30pm-4:50pm
- RSVP weekly at [tinyurl.com/tittiestea](https://tinyurl.com/tittiestea)

325-210-8505  
[joberson@breastfeedla.org](mailto:joberson@breastfeedla.org)  
 657 E. Albertoni St., Suite 108, Carson, CA 90746  
[www.breastfeedla.org](http://www.breastfeedla.org)

**BreastfeedLA**   *POWERED BY motherhood*   **VILLAGE FUND**   **babycafe.org**

This project is funded in part by L.A. Care Health Plan and will benefit low-income and uninsured residents of Los Angeles County. Support is also provided by The Village Fund (African American Infant and Maternal Mortality Prevention Initiative).



# WHAT'S GOING ON

February

**Care First Community Investment (CFCI)  
African American Infant & Maternal Mortality  
Prevention Initiative (AAIMM)  
Doula Programs**

## **Pregnancy and Infant Loss Support Group**

We welcome parents and family members to join a 10-week Pregnancy and Infant loss support group, providing a secure and empathetic setting where you can openly discuss your experiences of loss with others who are navigating similar challenges.

**Location: Provided after confirmed registration**

**(Inglewood: Manchester and La Brea area)**

**Date: Wednesdays starting January 29, 2025**

**Time: 5:45pm-7pm**

\*Refreshments available

**Registration:**

**[tinyurl.com/cfciaaimmsupportgroup](https://tinyurl.com/cfciaaimmsupportgroup)**



# WHAT'S GOING ON

February



**TUESDAY**  
**FEBRUARY 11, 4-8PM**

**FREE**  
**WORKSHOP**

## *Beads & Bonding*

Exploring mental health first aid awareness through Kandi bead bracelet/ Perler bead making. Offering a therapeutic outlet for expression and relaxation.

**Martin Luther King Jr. Center for Public Health**  
11833 S. Wilmington Avenue Los Angeles, CA 90059

**Contact:** Shamika Ossey  
Sossey@ph.lacounty.gov  
323-568-8762



COUNTY OF LOS ANGELES  
**Public Health**

# WHAT'S GOING ON

## February

### LIFE SKILLS PROGRAM

HOSTED BY  
PRETTY WOMEN  
PRAY NOT PREY

Our Grow & Glow Life Skills Program empowers girls ages 11-18 with essential tools for personal growth and success through monthly workshops. The program culminates in a one month summer session packed with hands-on activities and opportunities for meaningful connection and self-discovery.

#### WHAT YOU'LL LEARN

- ✓ Confidence & Self Esteem Building
- ✓ Effective Communication Skills
- ✓ Practical Life Skills
- ✓ Emotional Well Being

#### MEETING DATES

Saturday, February 8th 12pm - 3pm  
Saturday, March 8th 10am - 1pm  
Saturday, April 12th 10am - 1pm  
Saturday, May 10th 10am - 1pm

#### LOCATION

Earvin "Magic" Johnson Park-  
Oak Room  
905 E. El Segundo Blvd  
LA, CA 90059



**HOLLY J. MITCHELL**  
LOS ANGELES COUNTY SUPERIOR COURT & DISTRICT

Questions? Please contact us at [info@prettywomenpraynotprey.com](mailto:info@prettywomenpraynotprey.com)

#### SUMMER PROGRAM

Monday - Friday  
June 16th - July 11th  
11am - 6pm

THERE IS A SMALL AFFORDABLE FEE TO PARTICIPATE IN THE SUMMER PROGRAM.

### REGISTER AT

[www.prettywomenpraynotprey.com](http://www.prettywomenpraynotprey.com)

**SIGN UP TODAY**

### THE SOURCE:

Community Resource Event for the Unhoused and Housing Insecure



**Saturday, February 15, 2025, 11 am - 1 pm**

CONNECTING INDIVIDUALS TO COMMUNITY RESOURCES

THE SOURCE is a community event that provides resources and personal, one-on-one assistance for: housing, mental health care, vaccines, food aid, and more.

LA County Library has partnered with LA County Department of Mental Health, LA County Department of Public Health, LA County Public Defender's Office, and Florence Firestone Community Organization.

For all ages

[LACOUNTYLIBRARY.ORG](http://LACOUNTYLIBRARY.ORG)



Florence Library  
7807 Compton Ave  
Los Angeles  
323-581-8028



@FlorenceLibrary

[Facebook](https://www.facebook.com/LACountyLibrary) [Instagram](https://www.instagram.com/LACountyLibrary) [TikTok](https://www.tiktok.com/@LACountyLibrary) [YouTube](https://www.youtube.com/LACountyLibrary) @LACountyLibrary

For ADA accommodations, call Monday - Thursday, 562-940-8492 (voice) or 562-940-8477 (TTY).



Eat and Play  
with  
**peg+cat**

## JOIN US!

Join PBS SoCal for a series of 4 workshops with Peg + Cat!

The workshops will inspire children's natural curiosity about math and guide families in supporting their children's math learning through hands-on activities. A light meal and materials will be provided. Space is limited!

Eat and Play with Peg + Cat is best suited for families with children ages 3 and older.

**Saturdays, 11 AM - 12 PM**  
**February 1, 15, March 1, 15**

[Register Here](#)



Address: 11833 Wilmington Ave, Los Angeles, CA 90059



Convive y  
juega con  
**peg+cat**

## ¡ÚNETE A NOSOTROS!

¡Únase a PBS SoCal en una serie de 4 talleres con Peg + Cat!

Los talleres inspirarán la curiosidad de los niños por las matemáticas y ayudarán a las familias a guiar el aprendizaje de sus niños a través de actividades matemáticas. Se proporcionarán materiales y una comida ligera ¡Espacio limitado!

Convive y juega con Peg + Cat es adecuado para familias con niños mayores de 3 años.

**Sabados, 11 AM - 12 PM**  
**Febrero 1, 15, Marzo 1, 15**

[Registrar aquí](#)



Dirección : 11833 Wilmington Ave, Los Angeles, CA 90059

# WHAT'S GOING ON




## TRAUMA-INFORMED CARE DISASTER RELIEF SUPPORT

We're excited to introduce our new webpage dedicated to providing essential resources for the Los Angeles community in the wake of wildfires.


- We are providing the Los Angeles community with connections to Trauma-Informed support, disaster relief, and community support networks that can help with both mental and physical challenges (such as food and housing).
- Live Trauma-Informed Care Workshops to encourage mental wellness and perseverance.
- Trauma-Informed Care Resources are available 24/7.

If you are feeling overwhelmed or experience significant distress, reach out to our mental health team for additional support at 323-249-2950 x1220.

Scan or click QR Code for support



Contact Us: [www.drewcdc.org](http://www.drewcdc.org) 323-249-2950



## Relief Resources for Los Angeles Fires

- [Airbnb Temporary Housing Application](#)
- [American Red Cross Los Angeles](#)
- [Assembling a To-Go Bag and Checklist](#)
- [California Wildfire Resources \(Los Angeles – local\)](#)
- [Disaster Distress Helpline](#)
- [FERMA Assistance](#)
- [Hotel Availability List](#)
- [LA County Care Camp](#)
- [Los Angeles Unified School District](#)
- [Latest Map of Current Fires in California](#)
- [NAMI – Wildfire Information & Resources](#)
- [No Res Gourmet - Food Supplies](#)
- [Los Angeles Department of Public Health](#)
- [Pasadena Department of Mental Health](#)
- [School Preparedness](#)
- [Small Business Assistance](#)
- [Zero to Three](#)

If you or someone you know is in crisis due to the wildfires in Los Angeles, and needs immediate mental health support, Wellnest is here to help. Current openings are available in both English and Spanish, including Telehealth sessions.

Please reach out to us at 323-766-2345 or email us at [InNeedHelp@wellnestla.org](mailto:InNeedHelp@wellnestla.org). [Hablo español.](#)

### MLK Community Healing and Trauma Prevention Center Free Workshop Schedule February 2025 11833 S. Wilmington Ave., Los Angeles 90059

MONDAY	TUESDAY	WEDNESDAY	WEDNESDAY	THURSDAY	SATURDAY
<b>AZTEC DANCE</b> <i>Healing through dance</i> <b>Every Monday</b> <b>6:00 PM – 8:00 PM</b> <i>In-person, CER Room</i> <i>*Except, February 17<sup>th</sup> (Holiday)</i>	<b>MINDFUL MEDITATION</b> <b>Every Tuesday</b> <b>1:00 PM – 1:20 PM</b> <i>In-person, Healing Room</i>  <b>CORE WORKSHOPS</b> <i>Relapse Prevention</i> <b>February 4<sup>th</sup></b> <b>10:00 AM</b> <i>Phone: 323-776-6996 Pin No: 995-430-872#</i> <i>Or, Click Here</i>  <b>BEADS &amp; BONDING</b> <i>Exploring mental health first aid awareness through bracelet making</i> <b>February 11<sup>th</sup></b> <b>4:00 PM – 8:00 PM</b> <i>In-person, CER Room</i>	<b>NEW CHALLENGES</b> <i>Mental health support group with licensed clinicians</i> <b>Every Wednesday</b> <b>2:30 PM – 4:00 PM</b> <i>In-person, Healing Room</i>  <b>Children's Institute: Socialization Event</b> <i>Early head start program where children and their families come together to interact and learn a variety of skills about topics important to the educational development and education of the child and family.</i> <b>February 5<sup>th</sup></b> <b>10:15 AM - 12:15PM</b> <i>In-person, CER Room</i>  <b>CORE WORKSHOPS</b> <i>Treatment and healthcare for Individuals with SUD</i> <b>February 5<sup>th</sup></b> <b>10:00 AM</b> <i>Phone: 323-776-6996 Pin No: 842-119-02#</i> <i>Or, Click Here</i>  <b>CORE WORKSHOPS</b> <i>What it means to be at risk for SUD</i> <b>February 12<sup>th</sup></b> <b>10:00 AM</b> <i>Phone: 323-776-6996 Pin No: 358-224-7554</i> <i>Or, Click Here</i>	<b>PAINT &amp; SIP</b> <i>Canvas painting</i> <b>February 12<sup>th</sup></b> <b>4:30 PM – 7:00 PM</b> <i>In-person, CER Room</i>  <b>HEALING HORIZONS</b> <i>Provide trauma informed workshop for Willowbrook residents and surrounding communities.</i> <b>February 26<sup>th</sup></b> <b>5:30 PM – 7:30 PM</b> <i>In-person, CER Room</i>	<b>AZTEC DANCE</b> <i>Healing through dance</i> <b>Every Thursday</b> <b>6:00 PM – 8:00 PM</b> <i>In-person, CER Room</i>  <b>TASTY THURSDAY</b> <i>FREE produce giveaway</i> <b>February 6<sup>th</sup> &amp; 20<sup>th</sup></b> <b>12:00 PM</b> <i>*Until supplies last</i> <i>In-person, CER Room</i>  <b>HELP ME GROW</b> <i>This is safe space to gather, support other parents, share stories and experience, plus learn about important resources for child development or special health care needs.</i> <b>February 20<sup>th</sup></b> <b>4:30 PM – 6:30PM</b> <i>In-person, Healing Room</i>	<b>PBS SoCal: Family Math Workshop Series</b> <i>Family Math Workshop designed to help parents and caregivers of children ages 2-5 support math learning at home in fun and engaging ways.</i> <b>February 1<sup>st</sup> &amp; 15<sup>th</sup></b> <b>11:00 AM</b> <i>In-person, CER Room</i>

Email: [MLKHealingCenter@ph.lacounty.gov](mailto:MLKHealingCenter@ph.lacounty.gov) Phone: (323) 568-8732

# WHAT'S GOING ON

CITY OF INGLEWOOD

**BLACK HISTORY CELEBRATION**

**FAMILY FESTIVAL**

**SATURDAY, FEBRUARY 22, 2025**

**11AM TO 5PM**

Join us as we celebrate in  
Downtown Inglewood along Market Street.

FEATURING

- LIVE ENTERTAINMENT
- ARTS & CRAFTS
- CHILDREN'S PAVILION
- HEALTH SCREENINGS
- FOOD COURT
- VENDOR BOOTHS
- ART EXHIBITS
- AND MORE!

For information, contact the Parks, Recreation and Community Services Department  
(310) 412-8750 | [cityofinglewood.org](http://cityofinglewood.org)