LA County DPH Regional Health Office Service Provider Areas (SPAs) 5 & 6 Monthly Newsletter

June 2025

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Hepatitis A Update

The Los Angeles County Department of Public Health declared a communitywide outbreak of hepatitis A virus infections in Los Angeles residents in May 2025. The infection is caused by the hepatitis A virus, which is found in the stool of those who are infected. Hepatitis A virus is contagious through the fecal-oral route and spreads through close person-to-person contact and eating contaminated food or drink.

Historically unhoused individuals have been at higher risk for contracting hepatitis A infection because of limited access to handwashing and toileting facilities. Most hepatitis A infections in 2025, however, have been among people without risk factors such as travel or being unhoused.

Take Action

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Vaccination is the best way to prevent infection. Public Health recommends that LA County residents take the following actions to help prevent the spread of disease:

- Check if you have been **vaccinated for hepatitis A**. If you haven't, contact your medical provider to get vaccinated. Vaccination is the best way to prevent hepatitis A and should be a covered benefit under most health insurance plans.
- Wash your hands with soap and water before eating and preparing food and after using the bathroom.

To find clinic services click <u>here</u> for a list Public Health Centers

SPA 6 Men's Health Survey



The Men's Health Initiative is a new Initiative that aims to bring awareness to the health disparities affecting Black men at an alarming rate. Black men have to lowest life expectancy and highest death rate among any demographic group in the United States, and many of the health issues are preventable.

Our team is actively out in the community assessing the health and wellness needs of Black men, as well as providing education and resources to facilitate a healthier lifestyle.

We have formulated a health survey to obtain health history, as well as any social determinants that may affect their decisions when seeking health care. We have attended numerous health and wellness events and engaged in community outreach to share or survey with the community. Ultimately, our goal is to start a Men's Health Department within L.A. County

For more information, please contact Community Liaison Public Health Nurse, **Gary Barker** at <u>GBarker@ph.lacounty.gov</u>.

Public Health Encourages Measles Vaccine as Cases Increase in LA County and Summer Travel Begins

The Los Angeles County Department of Public Health is alerting residents of an increase in measles cases among people who have recently traveled internationally and domestically. With measles outbreaks happening both in the United States and internationally, an increase in cases in our county highlights how important it is for residents to get protected before residents begin making summer travel plans. Public Health encourages all residents to get protected by receiving the measles-mumps-rubella (MMR) vaccine if they are not immune.

"Measles is a serious respiratory disease that spreads easily through the air and on surfaces, particularly among people who are not already protected from it," said Muntu Davis, MD, MPH, Los Angeles County Health Officer. "A person can spread the illness to others before they have symptoms, and it can take seven to twenty-one days for symptoms to show up after exposure. Measles can lead to severe disease in young children and vulnerable adults. As LA County residents begin to travel this summer and with measles cases increasing among those who have recently traveled, we remind everyone that the best way to protect yourself and your family from infection is with the highly effective measles vaccine."

Public Health has confirmed a measles case in a visitor who traveled to Los Angeles County recently from abroad. This is the fourth confirmed case of measles in a Los Angeles County resident or visitor this year. The traveler was not infectious during the time of travel. At this point, there are no public locations in Los Angeles County where others may have been potentially exposed, outside of healthcare facilities who are directly contacting their own exposed patients and staff. Public Health is identifying others who may have been potentially exposed and taking steps to confirm if they have been vaccinated against measles.

Public Health encourages all residents to:

- Review their immunization and medical records to determine if they are protected against measles, especially before international travel or domestic travel in <u>areas experiencing</u> <u>measles outbreaks</u>. People who have not had measles infection or received the measles immunization previously are not protected from the measles virus and should talk with a health care provider about receiving the measles, mumps and rubella (MMR) immunization.
- Contact and notify their health care provider as soon as possible about a potential exposure if they are pregnant, an infant, have a weakened immune system and/or are unimmunized regardless of vaccination history.
- If symptoms develop, stay at home, and avoid school, work and any large gatherings. Call a healthcare provider immediately. Do not enter a health care facility before calling them and making them aware of your measles exposure and symptoms. Public Health can assist health care providers in appropriately diagnosing and managing your care.

Click <u>here</u> for full article.

Community Health Stations

Public Health Introduces Community Health Stations to Provide Lifesaving Products

The Los Angeles County Department of Public Health has launched 51 Community Health Stations to provide residents with free lifesaving overdose prevention and public health supplies. The self-serve vending machines will provide underserved communities across LA County with easy access to lifesaving resources.

The Community Health Stations provide the following products:

- COVID-19 Self-Test Kit: One box containing two tests.
- **Naloxone**, a life-saving medication that can reverse an opioid overdose: One carton containing two single-use devices in blister packages and instructions for use.
- Fentanyl Test Strip (FTS) Kit: One FTS kit containing five individually- packaged strips and instructions for use.
- External Condoms (FDA standard): One package holding five external condoms and five non-spermicidal lubricants.
- Internal Condoms (FDA standard): One individually wrapped internal condom and instructions for use.

"COVID-19 self-tests, naloxone, fentanyl test strips, and condoms allow individuals to take actions that protect themselves and others in the community," said Dr. Barbara Ferrer, PhD, MPH, MEd, Director, Los Angeles County Department of Public Health. "Having free public health supplies available to residents seven days a week through the self-service Community Health Stations makes it easier to access important products that support health and save lives."

Read more of the public news release here.

For more information about this opportunity and to express interest in hosting a Community Health Station, please contact <u>dph-kiosks@ph.lacounty.gov.</u> To learn more about the products, access user guides, and to find a Community Health Station near you, visit <u>ph.lacounty.gov/CommunityHealthStation.</u>



Newsletter Shoutouts

Event Highlights

DMH TAKE ACTION EVENTS

Last month DMH hosted Take Action events through out LA County. Our Public Health team attended events in West and South LA to support wellness in our communities

DMH TAKE ACTION- SANTA MONICA COLLEGE



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Our team at the DMH TAKE ACTION event at Santa Monica College providing Narcan, Hands-Only CPR and Stop The Bleed demonstrations and resources for emergency preparedness.

DMH TAKE ACTION- LOS ANGELES SOUTH WEST COLLEGE





Our team at the DMH TAKE ACTION event at Los Angeles Southwest College providing African American Infant Maternal Mortality resources and our MLK Healing Center wellness resources.

Newsletter Shoutouts

Event Highlights

MAMAS MAGIC HOUR

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In honor of Mothers Day, SLASB AAIMMM hosted two events in appreciation of mothers.

Mamas Magic Hour hosted mothers from Abundant Birth, Project Hope and Veteran mothers. We provided bags filled with toiletry items, good food and massages!



AAIMM MOMMY & MINI MOTHER'S DAY

A delightful day designed for mothers and their children to craft flower bouquets, design picture frames, and enjoyed yoga together.



Newsletter Shoutouts

CHW Spotlight Maria Acevedo



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This month we are proud to spotlight one of our most dedicated and inspiring team members Maria Acevedo. Maria is a Supervising Community Health Worker who has served our county for over 30 years. With decades of experience and a deep commitment to community well-being, she brings compassion, wisdom, and guidance to everything she does.

Can you share a bit about your background and what lead you to this role?

MA: I had other plans for myself and took a typing class, and a shorthand class because I wanted to be a secretary or a Stenographer. My first job in the county was with Department of Public Health as typist clerk for the Child Health and Disability Prevention Program, headquartered at Harbor/UCLA. I worked there for a little over 12 years. Part of my job was also to go to the hospital to schedule babies First Well Baby appointment at the different county clinics. While working there I realized that I enjoyed working with people more than sitting behind a desk. When the Community Health Worker position opened, I applied, and I was hired at the Torrance H.C. to work with Tuberculosis patients providing Direct Observed Therapy (DOT) as well as assist in the STD clinic, I did that for over 20 years. After seven years the county made changes, and they hired LVN's to do the CHW's job and we were assigned new tasks. Our main focus would now be working with the community in the field, tabling in outreaches, and give presentations.

Tell us about the SPA you serve and the community partnerships you have developed.

MA: I serve in SPA 6 and we have partnered with schools, libraries, churches, senior centers, and other organizations.

What issues do you most address in your role and what changes would you like to see in the field of community health work to better support those efforts?

MA: The challenges that we have encountered when working in the field is when there are conflicting or ongoing changes with DPH messaging or information that is shared. For example, COVID-19, there were always changes so the people didn't know to whom or what to believe.

How do you collaborate with other health professionals or organizations?

MA: When we participate at the different events we network with other vendors and exchange business cards. The other organizations will then inform us of upcoming events such as Mental Health Fair, Homeless Health Fair, Black History Celebrations, just to name a few. They will also invite us to do presentations on specific topics.

How do you build trust with individuals and families in the community?

MA: We build trust in the community by speaking to them in their own language or at least attempt to. When we listen to them and when we keep our word, if we tell them that we will get back to them with specific information we must make sure that we do just that. They trust us when they see that we are part of the same community and that we understand them.

MLK Healing Center Featured Programs



The MLK Healing & Trauma Prevention Center

The MLK Community Healing and Trauma Prevention Center, also called the "Healing Center," serves children, families, and individuals with a continuum of services designed to strengthen families and promote individual wellbeing. The Healing Center serves SPA 6, including the South LA communities of Watts, Willowbrook, and Compton. It's located in the MLK Center for Public Health. Available support includes mental health, substance use, and general health and wellness resources.

All activities are FREE and open to the community.

For more information, contact <u>MLKHealingCenter@ph.lacounty.gov</u>.

To view our monthly calendar, please visit the MLK Healing Center website <u>here</u>.

A FEW HIGHLIGHTS

- NEW Mindful Yoga workshops focused on helping reduce stress, regulate emotions, and improve mental health
- Autism Awareness workshop where families were provided a space to share their concerns and experiences while making beaded pens and keychains
- NEW Scholastic Chess workshops/tournaments intended for children in grades K-12
- **Traditional Aztec** dancing and **Kandi Bead Bracelets** workshop, which provided a therapeutic outlet for self-expression and relaxation
- NEW Mindful Walks intended to bring focus and calm



MLK Healing Center Featured Programs



JOIN US FIRST AND THIRD THURSDAY FOR PRODUCE GIVEAWAY



MLK JR. CENTER FOR PUBLIC HEALTH

11833 S. Wilmington Ave. Los Angeles CA 90059

For more information call 323-568-8732



*Our office will be closed in observance of Juneteenth on 6/19/2025

Community Resources



LA County Parks is committed to being a safe space for everyone. This June, join us at 60 parks for our Pride at the Park events, in collaboration with LGBTQIA+ organizations. Enjoy art, performances, speakers, and more! For details, contact your local LA County park.

THURSDAY, JUNE 05, 2025

Bodger Park 14900 S. Yukon Ave Hawthorne, CA 90250 (310) 676-2085 2:00pm to 4:00pm

SATURDAY, JUNE 07, 2025

Roy Campanella Park 14812 Stanford Ave. Compton, CA 90220 (310) 603-3720 1:00pm to 3:00pm

THURSDAY, JUNE 12, 2025

Bethune Park 1244 E. 61st St. Los Angeles, CA 90001 (323) 846-1895 6:00pm to 8:00pm

FRIDAY, JUNE 13, 2025

Jesse Owens Park 9651 South Western Ave Los Angeles, CA 90047 (323) 241-6704 6:00pm to 8:00pm

Vishing Tree Park 20400 Budlong Ave. Torrance, CA 90502 ((424) 499-8007 4:00pm to 6:00pm

FRIDAY, JUNE 20, 2025

Col. Leon H. Washington Park 8908 S Maie Ave Los Angeles, CA 90002 (323) 586-7205 6:00pm to 8:00pm

Ladera Park 6027 Ladera Park Ave. Los Angeles, CA 90056 (323) 298-3629 4:00pm to 6:00pm

THURSDAY, JUNE 26, 2025

Athens Park 12603 S. Broadway Los Angeles, CA 90061 (323) 242-1899 6:00pm to 8:00pm

East Rancho Dominguez Park 15116 S. Atlantic Ave

Compton, CA 90221 (310) 603-7401 5:00pm to 7:00pm

Helen Keller Park 12521 S. Vermont Ave. Los Angeles, CA 90044 (323) 241-6703 6:00pm to 8:00pm

Lennox Park 10828 S. Condon Ave. Inglewood, CA 90304 (310) 419-6712 5:00pm to 7:00pm

FRIDAY, JUNE 27, 2025

Alondra Park 3850 Manhattan Beach Blvd Lawndale, CA 90260 (310) 217-8366 6:30pm to 8:30pm

Franklin D. Roosevelt Park 7600 Graham Ave. Los Angeles, CA 90001 (323) 586-7228 6:00pm to 8:00pm

George Washington Carver Park 1400 E. 118th St Los Angeles, CA 90059 (323) 357-3032 6:30pm to 8:30pm

Ted Watkins Park 1335 E. 103rd St. Los Angeles, CA 90002 (323) 357-3032 6:00pm to 8:00pm

SATURDAY, JUNE 28, 2025

Del Aire Park 12601 S. Isis Ave. Hawthorne, CA 90250 (310) 643-4976 12:00pm to 2:00pm

Earvin Magic Johnson Park

905 E. El Segundo Blvd. Los Angeles, CA 90059 (323) 241-6709 6:00pm to 8:00pm

Enterprise Park 13055 Clovis St. Los Angeles, CA 90059 (323) 357-3032 5:00pm to 7:00pm

Mona Park 2291 E. 121st St. Compton, CA 90222 (310) 603-3729 6:30pm to 8:30pm

Victoria Park 419 Martin Luther King Jr. St. Carson, CA 90746 (310) 217-8372 11:00am to 1:00pm

parks.lacounty.gov/pride

Community Resources



South Los Angeles/South Bay African American Infant and Maternal Mortality Community Action Team

Presents

-JUNETEENTH-FATHERS DAY CELEBRATION

Join us in honoring Black fathers and their families for a community baby shower, featuring a day filled with *FREE* essential resources for their birthing journey, baby necessities, and items specifically for fathers. For more information contact: Debrina Campbell: DCampbell2@ph.lacounty.gov or Tanisha Rogers, TRogers@mva.lacounty.gov.

SATURDAY JUNE 7, 2025



11:00AM - 2:00PM



EXPECTING FATHERS GROUP

DADS, GET READY FOR FATHERHOOD! Sign up for the Expecting Fathers Group for Black Dads. Become empowered to advocate for yourself and your partner. Our community of support will help you access the tools you need.

To learn about upcoming dates and sign up for our **FREE Zoom workshops**, please email: <u>DPH-AAIMMFatherhood@ph.lacounty.gov</u>.



FATHERS, SCAN TO ENROLL

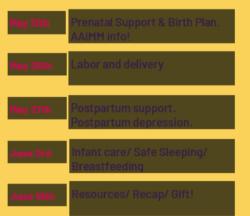
Or text DAD to 323-745-2771 to learn more about our Fatherhood Program

CHOOSE YOUR SESSION TIME:

OR

Tuesdays @ 6:30 PM Thursda @ 9:30

SESSION DATES AND TOPICS:





BLACK DADS MATTER. LET'S HELP EACH OTHER IN OUR FATHERHOOD JOURNEY.

Funded by the California Department of Public Health Perinatal Equity Initiative via the Los Angeles County Department of Public Health Division of Maternal, Child and Adolescent Health-





Media Mentors

JOIN US!

Join us for a relevant workshop designed to help parents and caregivers confidently navigate today's ever-changing digital landscape. We'll introduce key concepts like media mentorship and "co-viewing," provide developmentally-appropriate guidelines for screen time, and offer practical tools and resources to help you select and evaluate meaningful media for your children.

This workshop is tailored for an adult-only audience, ensuring a focused, informative experience as you learn to guide your family through the world of digital media effectively.

Wednesday, June 11 | 12 PM - 1 PM





Speakers' Bureau

Outreach Services

1. What is the Speakers' Bureau?

The Speakers' Bureau is a service of the Los Angeles County Department of Public Health (DPH) that facilitates requests from the community for speakers on various Public Health topics.

Trained DPH staff are designated by their supervisors to conduct community presentations. Some of the diverse audiences we serve include, but are not limited to, community-based organizations, students (elementary, high school and college-aged), faith-based groups, health professionals, Los Angeles County employees, and parents.

2. What are the Speakers' Bureau Services?

The following services are available through the DPH Speakers' Bureau:

Speaking Requests:

We facilitate speaking engagements at the following type of events:

- Community Meetings
- Conferences
- Health Fairs
- Professional Meetings

Community Outreach:

The Speakers' Bureau also serves as a centralized location for coordinating DPH county-wide outreach activities. Through our tracking system, we can respond to and track various outreach activities that are conducted throughout Los Angeles County.

Emergency Response:

During public health outbreaks and emergency response situations, the Speakers' Bureau also serves as a centralized service for coordinating requests from community members and organizations requesting presentation on emerging public health topics. Topics we have responded to in the past include COVID-19, H1N1, Hantavirus, Tuberculosis, West Nile Virus, Ebola, and Measles.

3. How can I request a presentation?

Presentation requests can be made online using the Community Request Form at <u>https://redcap.link/n8cc9t0w</u> or by scanning the QR code on the right. Presentations are fulfilled on a first come first served basis. Requests must be submitted at least 3 weeks before the event and cannot be made more than 3 months in advance. Allow 7 - 10 business days to process the request. Submitting a request does not guarantee a presenter can attend your event.

For more information, contact us:

213-288-7270 | speakersbureau@ph.lacounty.gov

Los Angeles County Department of Public Health www.publichealth.lacounty.gov



Presentation Topics

- Asthma
- Cardiovascular Disease
- Cholesterol
- Climate Change
- Conjunctivitis (Pink Eye)
- COVID-19
- Diabetes
- Emergency Preparedness
- Falls Prevention
- Fentanyl and Responding to Overdose
- Flu
- Hand Foot and Mouth Disease
- Hands-Only CPR Training
- High Blood Pressure
- HIV/AIDS
- Measles
- Meningitis
- Middle East Respiratory Syndrome (MERS)
- Mpox
- Nutrition
- Oral Health
- Pertussis (Whooping Cough)
- Public Health 101
- Respiratory Syncytial Virus
- Silicosis
- STDs
- Tuberculosis
- West Nile Virus
- Zika Virus Disease





QID-HEA-0009-01 (02/02/2024)



Help Me Grow LA is Hiring Family Partners!

FAMILY PARTNER ROLE

- Support and partner with parents as they navigate systems and services for children with special needs
- Provide information, referral, technical assistance, and training for parents of children with special health needs
- Participate in and/or lead Parent Café and HMG LA Coalition meetings
- Recruit parent leaders for the Parent-to-Parent program and promote the development of emerging parent advocates and leaders

APPLY NOW--CLICK HERE! bit.ly/lafamilypartner



Part-time position (up to 25 hours/week) Flexible shifts

- 🗡 Salary: \$25.51/hr
- 🏹 Benefits: Sick time accrual
- 🏹 Location TBD in a Service Planning Area

JOB REQUIREMENTS

- · Lived experience parenting a child with special needs, disabilities, or chronic illness
- Two years of experience as a parent representative, parent advocate or parent leader in a human or health service
 program serving children or families.
- · Excellent interpersonal, written and verbal communication skills
- · Empathy for families from diverse race/ethnic backgrounds and experiences
- · Ability to establish trust with partners across different sectors serving families
- · CHW Certification or commitment to completing a CHW certificate program within 1 year of hire
- · Valid Class C California Driver's License or the ability to utilize an alternative method of transportation

IT'S ALSO HELPFUL IF YOU HAVE:

- · Experience with early identification and intervention
- · Experience with data entry, data collection, and/or record keeping using software
- Experience providing culturally affirming support to individuals communities who are from the various cultures/ethnicities
 prevalent in LA County, including those most impacted by health disparities, such as African American and Native
 communities.
- Fluency in English and another language (e.g., Arabic, Armenian, Cambodian, Cantonese/Mandarin, Farsi, Korean, Russian, Spanish, Tagalog, and Vietnamese). Fluency in multiple languages is not a required qualification.

t is the policy of the County of Los Angeles to provide equal employment opportunity for all qualified persons, regardless of race, color, religion, sex, national origin, age, sexual orientation or disability.

Public Health Rev 5

To apply click <u>here</u>

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Useful Links

Flu Vaccines

Get Ahead LA Financial Resources iPrevail Online Mental Health Resource LA County America's Job Center of California LA County's Office of Immigrant Affairs LA County Youth Suicide Prevention Project LA Department of Water & Power Bill Credit LA Public Health Podcast Laptop and Hotspot Loans from LA County Libraries Mental Health Support (800) 854-7771 or text "LA" to 741741) Metro LIFE Program **National Suicide Prevention Lifeline Opportunity LA: Child Savings Account for LAUSD Students Request a Mobile Vaccination Team** Report a violation (888) 700-9995, Monday - Friday from 8:00AM to 5:00PM **SoCalGas Assistance Fund** Southern California Edison Assistance VaccinateLACounty.com For additional resources, please dial 2-1-1 For more information on COVID-19, please visit our website Follow LA County Public Health on Instagram, Facebook, and Twitter: @lapublichealth

