

# BUBBLE THERAPY

Bubble therapy is a playful and mindful activity that uses the act of blowing bubbles to support emotional well-being.

Join us as we discuss mindfulness while blowing bubbles.

**Gift cards will be raffled for participation!**



**TUESDAY, JULY 15, 2025**  
**02:00PM - 3:30PM**



**MLK Jr. Center for Public Health**  
**11833 S. Wilmington Ave.**  
**Los Angeles CA 90059**



COUNTY OF LOS ANGELES  
**Public Health**