

West LA Wellness Community

Calendar June 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
June 2	June 3	June 4	June 5	June 6
3pm: No Limits, No Boundaries Zoom	10am: Free Food Market 1pm: Share Your Light			
June 9	June 10	June 11	June 12	June 13
3pm: No Limits, No Boundaries Zoom	10am: Free Food Market 1pm: Share Your Light			
June 16	June 17	June 18	June 19	June 20
3pm: No Limits, No Boundaries Zoom	9am: LAC DPH – Presents “The Basics of HIV/AIDS” Microsoft Teams 10am: Free Food Market 1pm: Share Your Light			
June 23	June 24	June 25	June 26	June 27
9am: LAC DPH – Presents “The Basics of Sexually Transmitted Diseases/Infections” Microsoft Teams 3pm: No Limits, No Boundaries Zoom	10am: Free Food Market 1pm: Share Your Light			
June 30	July 1	July 2	July 3	July 4
3pm: No Limits, No Boundaries Zoom	10am: Free Food Market 1pm: Share Your Light			Holiday





About the West LA Wellness Community

The goal of the West LA Wellness Community is to offer community members a virtual place to connect, find resources, and participate in wellness activities.

The West LA Wellness Community aims to serve individuals and families with free services and linkage to resources designed to promote health, healing, and well-being. All activities are free and open to the community.

Activity Descriptions

CORE Substance Use Presentations: Substance Abuse Counselors provide educational presentations on a variety of topics. For questions or referrals, contact Luis Renteria (LRenteria@ph.lacounty.gov, 323-236-4155) or Steven Cagle (SCagle@ph.lacounty.gov, 323-233-6307)

Free Food Market at Simms Mann Health and Wellness Center: 2509 Pico Blvd, Santa Monica, CA 90405. Drive-through produce distribution through Venice Family Clinic. Open to the entire community. For more information and additional food distributions, **visit their website [here](#).**

No Limits, No Boundaries with Project Return – An empowerment group for those seeking encouraging mental health support. This course is hybrid. The physical location will be at 12901 Venice Blvd. Los Angeles, CA. 90066 and the zoom link [here](#). Please contact [Moses Ramirez](#) for questions

Share Your Light! with Project Return – A peer support group for individuals to discuss on topics related to personal experiences in overcoming life challenges. Location: Alcott Center, 10559 Jefferson Blvd. Culver City, CA. 90230. Please contact [Moses Ramirez](#) for questions

Questions? Want to get involved? Email WestLAWellness@ph.lacounty.gov

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