



Trauma & Healing/Trauma Y Sanación

Learn about the different types of trauma and tips to help during triggering moment.
Aprenda sobre los diferentes tipos de trauma y consejos para ayudar durante los momentos desencadenantes.

Date/Fecha: 08/26/2025

Horario/Time: 09:30-10:45am

Location/Ubicación: Whittier Wellness Community
7643 S. Painter Avenue
Whittier, CA 90602



**WHITTIER
WELLNESS
COMMUNITY**

LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH
Fostering Hope - Healing - Purpose