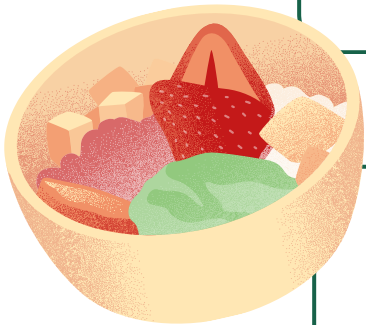


COOKSMART EATHEALTHY



**Learn the basics of
cooking plant based!**



Thursday, January 23rd
5:15-6:15pm

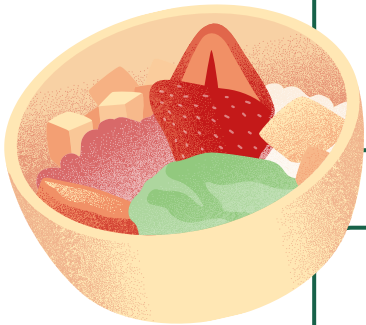


Whittier Wellness Community
7643 S Painter Ave.
Whittier, CA 90606

COCINAR INTELIGENTEMENTE COMER SANO



**¡Aprenda los conceptos
básicos de la cocina a
base de plantas!**



**Jueves 23 de enero
5:15-6:15**



Whittier Wellness Community
7643 S Painter Ave.
Whittier, CA 90606

Para preguntas:
(562) 775-6104