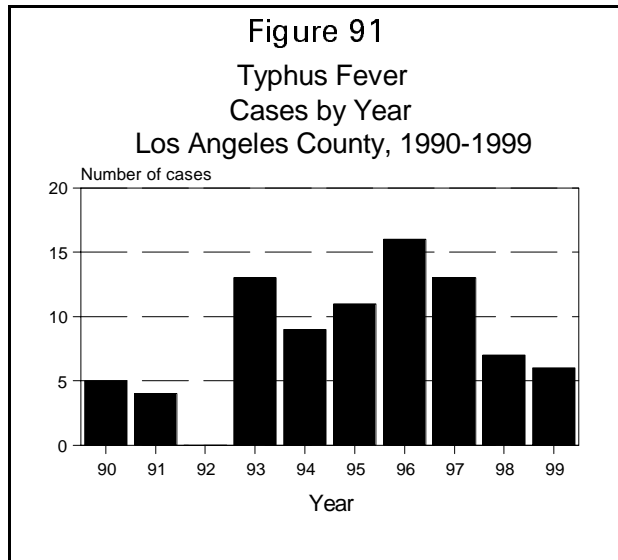


TYPHUS FEVER

CRUDE DATA	
Number of Cases	6
Annual Incidence ^a	
LA County	0.07
California	N/A
United States	N/A
Age at Onset	
Mean	41.2
Median	39
Range	8-76 yrs
Case Fatality	
LA County	0.0%
United States	N/A



^aCases per 100,000 population.

ETIOLOGY

Typhus fever (murine typhus, endemic typhus) is caused by bacteria, *Rickettsia typhi* or *felis*.

DISEASE ABSTRACT

Typhus fever reports have increased since 1993 (Figure 91), following a fatal case that year which may have led to increased awareness of the disease. In 1999, six cases of typhus fever were reported. Symptoms include high fever, severe headache, myalgias, and sometimes a fine maculopapular rash. Occasionally, complications such as pneumonia or hepatitis may occur. Fatalities are uncommon, occurring in less than one percent of cases. Cases occur throughout the year, but more often in summer and fall.

Typhus fever is endemic in the foothills of central LAC. In 1999, two cases were residents of Foothill Health District, and one case each from Alhambra, Glendale, and Hollywood-Wilshire Health Districts. One case was exposed to typhus during travel overseas. Five (83%) of reported cases were hospitalized for an average of 5.4 days.

TRANSMISSION

Human infection most commonly occurs by introduction of infectious flea fecal matter into the bite site or adjacent areas which have been abraded by scratching. Typhus fever cannot be transmitted from person to person. Five of the 1999 cases recalled flea bites or contact with animals (dogs, cats, opossums and rats) that carry fleas.

COMMENTS

Each case of endemic typhus is carefully interviewed regarding potential exposures. If possible, field studies of the property where exposure occurred and surrounding areas in the neighborhood are conducted. Local residents are contacted and provided with education about typhus and prevention of the disease by controlling fleas and eliminating harborage for typhus infected animals that carry fleas.

The nonspecific clinical presentation and the lack of a definitive test during the acute phase of the illness make the early diagnosis of endemic typhus difficult. Thus, diagnosis of endemic typhus depends on the clinical acumen of the treating physician, and is often confirmed after the patient has recovered. Accurate reporting of typhus or suspect typhus cases is important to identify endemic areas in LAC which can be monitored for the presence of disease in the animal populations and to institute control measures. Treatment with antibiotics hastens recovery and lessens the chance of complications.