## LA County Public Health Approach to Legionella Surveillance and Outbreak Response in Skilled Nursing Facilities

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### What do we mean by surveillance?

- Systematic collection, analysis, and dissemination of data on a health-related event to improve health outcomes
- Uses of surveillance data:
  - Determine disease burden and trends
  - Detect outbreaks
  - Evaluate the effectiveness of prevention measures
- *Legionella* infection reportable in LA County <7 days
  - Provider reportable
  - Laboratory reportable



#### Legionnaires' disease on the rise in LA County





# Possible reasons for the increasing number of reported cases

- Increased susceptibility of the population
  - Aging U.S. population
  - More people on immunosuppressing medications
- More Legionella in the environment
  - Warmer temperatures
  - Aging infrastructure
- Improved diagnostic capability
  - Urine antigen test availability
- Increased awareness and reporting



### Investigating Legionella Reports

- Objectives:
  - Understand risk factors
  - Identify source of infection
- Investigation approach
  - Obtain medical records
  - Interview patient
  - Conduct site visit and environmental sampling (if needed)



# INVESTIGATING HEALTH CARE ASSOCIATED CASES AND OUTBREAKS



# When does public health investigate healthcare-associated Legionnaires' disease?

- <u>></u>1 case of *definite* healthcare-associated Legionnaires' disease is identified
- >2 cases of *possible* healthcare-associated Legionnaires' disease is identified within 12 months of each other at same facility



### Definition of healthcare-associated Legionnaires' disease

- <u>Definite</u> case if patient was hospitalized at one or more facilities during the entire 2 to 10 day incubation period (time between exposure and symptom onset)
- <u>Possible</u> case if patient was hospitalized at one or more facilities for a portion of the 2 to 10 day incubation period



# Key elements of a public health investigation for Legionnaires' disease

- Perform a retrospective review of cases
- **Prospective review** of case to identify additional (new) cases
- Consider immediate control measures
- Facilitate environmental assessment
- Facilitate environmental sampling, as indicated by the environmental assessment
- Work with healthcare facility leaders to review and revise the water management program
- Follow up to assess the effectiveness of implemented measures



# Examples of immediate control measures to reduce risk of ongoing *Legionella* transmission

- Restrict showers
- Avoid therapy pools and spas
- Use bottled water for vulnerable patients
- Do not use water from faucets in patient rooms
- Do not use non-sterile ice from facility ice machines
- Consider installing 0.2 micron biological point-of-use filters
- Consider halting new admissions or temporarily closing the building, affected area, or device



## PREVENTING CASES AND OUTBREAKS



# Most outbreaks can be prevented with effective water management



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#### Legionellosis: Risk Management for Building Water Systems

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#### Standard 188-2018

 Establishes minimum legionellosis risk management requirements for building water systems.



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#### CMS water management program requirement

- Issued in 2017 and updated in 2018
- Requires facilities to "develop and adhere to policies and procedures...that reduce the risk of growth and spread of Legionella and other opportunistic pathogens in water."
- Applies to
  - Hospitals
  - Skilled nursing facilities
  - Critical access hospitals
- Surveyors will review policies, procedures, and reports documenting water management program implementation



## **QUESTIONS?**

