

“Keeping your Facility Healthy” HEALTH EDUCATION MATERIALS ORDER

Provided free-of-charge by Los Angeles County Department of Public Health

Effective 9-14-10: Delivery address for ALL orders must be within Los Angeles County.

FAX ORDER FORM TO: 213-580-0194, OR MAIL TO:

ACDC, Rm. 222, Public Health, 313 N. Figueroa St., Los Angeles, CA 90012

IMPORTANT: Please write clearly. We will not be able to fulfill your order if we cannot read it.

Keeping your Facility Healthy

Encourage and model good hygiene habits

- Avoid touching your eyes and mouth.
- Cover coughs and sneezes with a tissue or your sleeve.
- Wash hands often, using soap and warm water for 20 seconds. (When soap and water are not available, use hand sanitizer).



Follow these tips to help create a healthy environment at your facility and prevent the spread of diseases.

Practice good housekeeping habits at your facility

- Open windows to help maintain fresh air in shared areas.
- Provide tissue and hand sanitizer at entrances, desks, and other locations in your facility.
- Provide lined trash cans to throw away used tissues.
- Keep surfaces clean by wiping them down with a disinfectant several times a day.
- Keep common areas free from personal items by double-bagging them as people enter the facility.

Separate people who are sick

- Avoid close contact with people who are sick. (Stay 3 feet away from them if you can).
- Encourage sick staff to stay home until 24 hours after their symptoms are gone.
- People who are sick should sleep and eat meals in a separate room (if possible).
- People who are sick should seek emergency medical care if they have:
 - ▶ Trouble breathing
 - ▶ Chest pain
 - ▶ Trouble keeping liquids down

Extra tips for residential facilities:

- Use a dishwasher or hot water and detergent to clean eating utensils.
- Avoid “hugging” dirty laundry when handling it to prevent contaminating yourself.
- Consider canceling or postponing group activities.
- Create physical barriers between beds using sheets or curtains.
- Arrange beds so that people lay head-to-toe relative to each other.

For more information visit www.ph.lacounty.gov

Los Angeles County Department of Public Health



“Keeping your Facility Healthy”

6.375” x 10.5” full-color posters

Order EA. or PKG. (@100/pkg.),
e.g. 75 EA., 3 PKG. [300 each].

Available in English ONLY at this time.

_____ EACH or _____ PACKAGES

Orders >100 require pick-up by requestor.

Call 213-989-7208 for directions
and further instructions.

REQUESTOR INFORMATION (Please print or type clearly)

PHONE NO.: _____ EMAIL: _____

NAME: _____

ORGANIZATION: _____

ADDRESS: _____

CITY, ST, ZIP CODE: _____

Questions? Order status? Call ACDC: 213-989-7208, Health Education Materials. Interested in other health education materials and brochures, information, statistics, services, and more? Connect with us online at: www.publichealth.lacounty.gov

