# Cocci in the Immunocompromised Host

10/21/23 Omer Eugene Beaird, MD

Assistant Clinical Professor

Division of Infectious Diseases, Department of Medicine

David Geffen School of Medicine

UCLA Health





#### Disclosures

- I have no financial interests or relationships to disclose
- I will be discussing off-label use of the following medications:
  - Posaconazole
  - Isavuconazonium
  - Voriconazole
  - Itraconazole

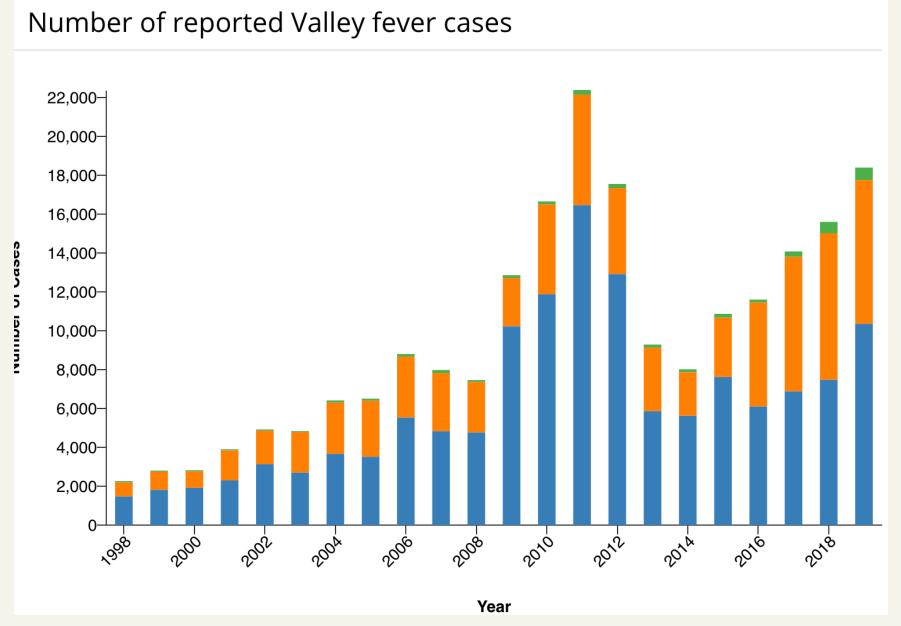


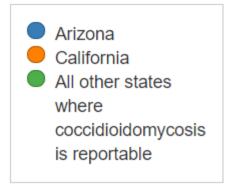
# Learning Objectives

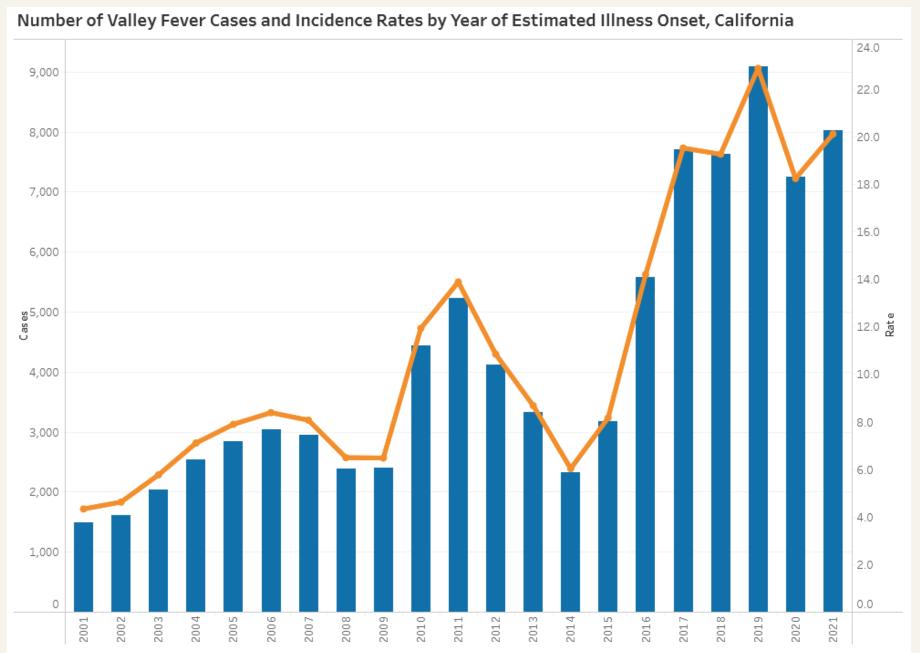
 Understand the impact of immunosuppression on the natural history of cocci

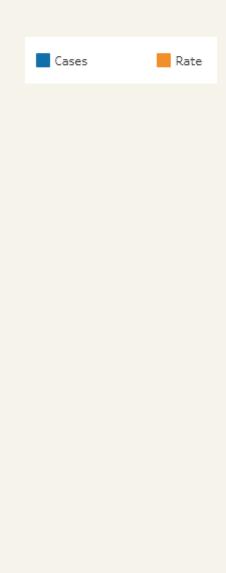
 Review screening and diagnosis of cocci in immunocompromised individuals and solid organ transplant candidates/recipients

 Review management of cocci in immunocompromised patients: prophylaxis and treatment









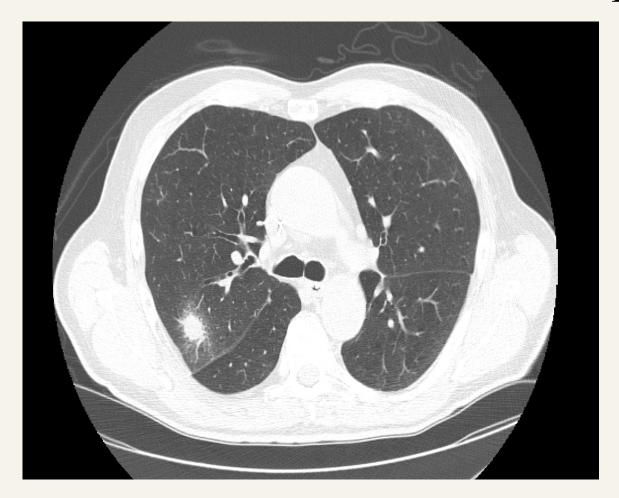
Natural history of cocci in immunocompromised – case example

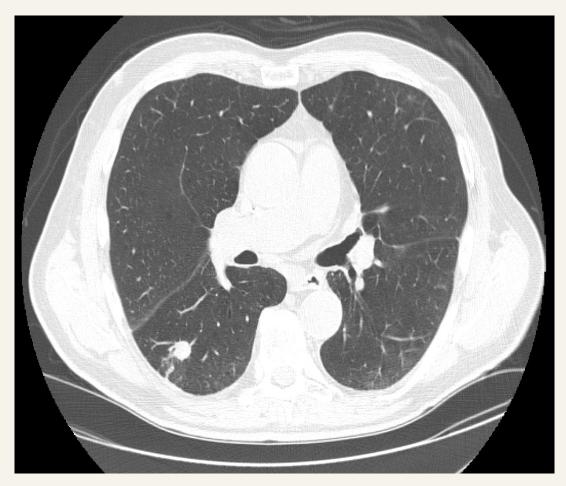
73 y/o M with h/o AML with MDS-related features

G-CLAC induction Nov 2014, course complicated by:

- Neutropenic fever
- Moraxella bacteremia
- Pulmonary nodules

#### November 2014 – 9 months prior to allogeneic SCT





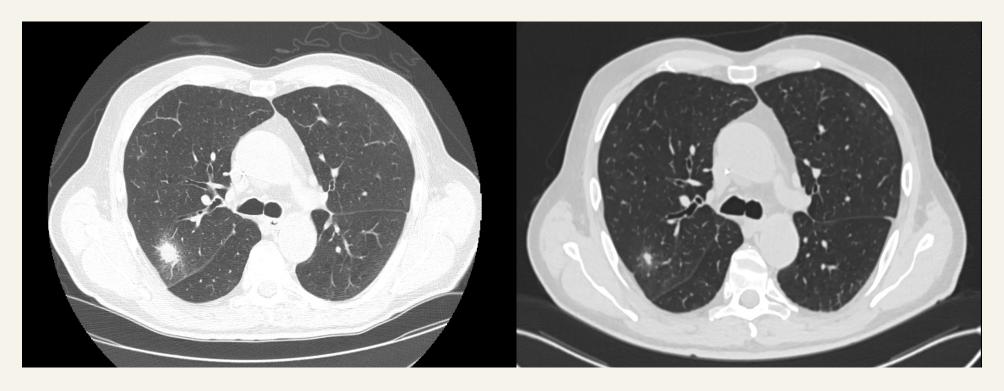
- RUL nodule 1.9 x 1.5 cm with halo
- RLL 1.5 x 1.1.cm nodule partially calcified
- Serum GM 0.06
- Empirical voriconazole started

Multani A, et al. Blood Adv. 2019 Nov 26;3(22):3602-3612. PMID: 31743391

- Dec 2014 Jan 2015: G-CLAC consolidation x 2 cycles
- May 2015: Non-myeloablative SCT from matched unrelated donor
- CMV D+/R-

- Post-transplant course complicated by:
- EBV DNAemia without evidence for PTLD → rituximab in June/July 2015

### Repeat CT – 8 months post-SCT



- Jan 2016 repeat chest CT: "A 1 cm partially calcified nodule within the RLL is stable to decreased in size."
- Immunosuppressive therapy dc'd no GVHD Voriconazole discontinued

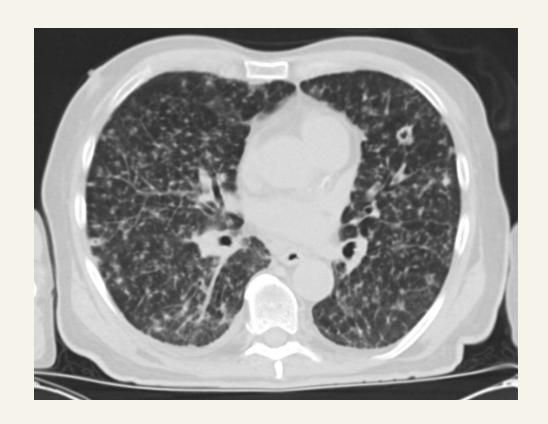
#### Two weeks later ...

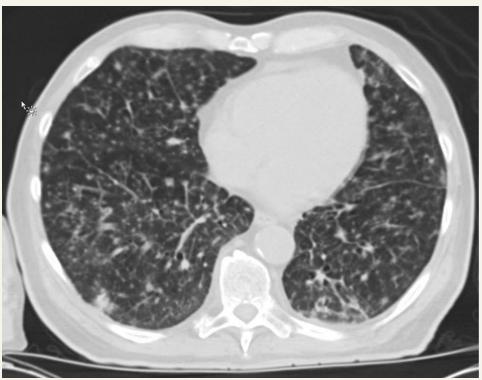
• February 2016: Developed fevers, fatigue, weakness, and cough

- Admitted to local hospital; noted to have transaminitis and AKI
- Ppx: TMP-SMX, acyclovir (held on admission), rx broad spectrum abx

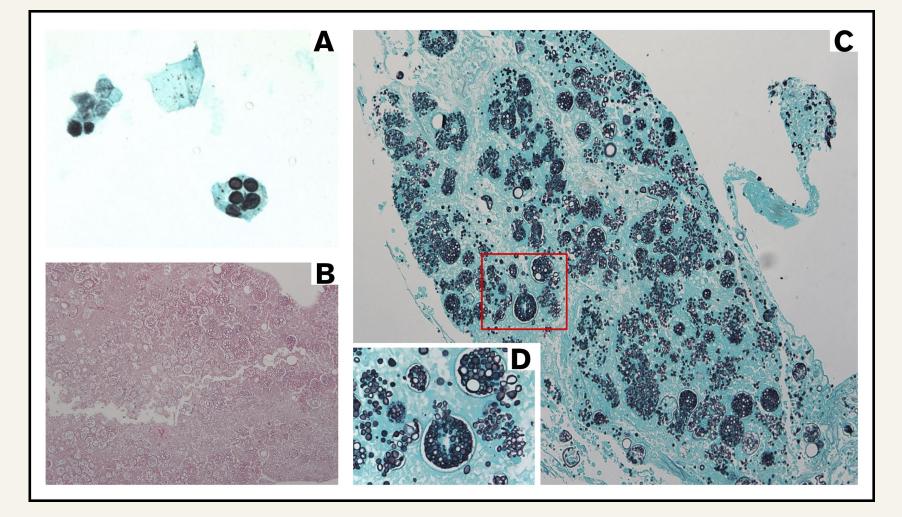
- HD #6 Transferred to ICU and intubated
- Tx: AmBisome, ganciclovir, levofloxacin, pip-tazo, vancomycin

Cavitary nodules measuring up to 15 mm innumerable scattered noncalcified nodules in both lungs bilaterally





- HD #7 ID team consulted:
  - Born in NY and has lived with wife in Paso Robles for 45 years
  - He worked as an analyst and also exported and imported goods from Mexico so traveled there frequently
  - No sick contacts recently
  - They had pet cats but no longer
  - Also used to live on a farm with chickens and horses
  - No known TB exposures



• (A) BAL specimen with GMS stain demonstrating dark spherical structures, originally misdiagnosed on cytopathology as *P jirovecii*, subsequently determined to *be Coccidioides* endospores. (B) Section of lung with H&E stain demonstrating a mixture of large thick-walled spherules containing variably sized endospores, diagnosed as invasive *C. immitis*. (C) Section of lung showing invasive *C. immitis* as highlighted by GMS stain. (D) Magnification of area outlined in red illustrating multiple ruptured *Coccidioides* spherules releasing endospores into surrounding lung tissue.

PMID: 31743391

- Continued clinical deterioration, passed away HD #12
- Coccidioides serologies resulted post-mortem, positive IgG by immunodiffusion and negative by complement fixation
- Autopsy findings were consistent with disseminated coccidioidomycosis, involving the lungs, liver, spleen, and multiple lymph nodes
- Key takeaways: importance of screening/recognition, and need for prophylaxis

Multani A, et al. Blood Adv. 2019 Nov 26;3(22):3602-3612. PMID: 31743391

# Coccidioidomycosis in Immunocompromised Patients

- Risk of severe disease with impaired cell mediated immunity
  - At risk for severe pulmonary infection, extrapulmonary dissemination and death
  - Skin/soft tissue, bone, CNS and other

- Risk of reactivation, regardless of time post-infection
  - HIV/AIDS pt in Spain presenting with disseminated cocci 12 years after departing Arizona<sup>1</sup>
  - OHT recipient with brief history of travel (10 days) to Tucson 8 years prior to transplant, died 3
    weeks post-txp from reactivation with disseminated cocci<sup>2</sup>
    - 1. Hernandez et al. Eur J Clin Microbiol Infect Dis. 1997;16(8):592. PMID: 9323471.
    - 2. Vartivarian et al Am J Med. 1987 Nov;83(5):949-52. PMID: 3314500.

# Coccidioidomycosis in Immunocompromised Patients

- Screening is recommended for anyone at risk:
  - SOT or SCT
  - HIV/AIDS
  - "Biologic immune response modulator" e.g. TNF antagonists
- Prophylaxis necessary for those at risk
- Treatment should \*\*always\*\* be given in these populations with cocci infection
- Indefinite treatment for prevention of relapse is recommended while immunosuppression is ongoing

# Coccidioidomycosis in SOT

- Majority of cases occur within the 1st year post-transplant
  - In absence of prophylaxis
- Extra-pulmonary dissemination reported in 30 75% of cases historically
- Mortality ~28%, much higher in earlier studies ~ 70%
- Can occur via
  - Reactivation\*, De novo infection, Donor transmission
- Donor transmission usually presents early
  - Within 1 month of txp, crucial to notify OPO if suspected for risk mitigation in other recipients

# Coccidioidomycosis in SOT

- Annual incidence 1.4 6.9% in centers from endemic regions without prophylaxis<sup>1</sup>
- UCLA: Cocci seroprevalence among kidney transplant recipients between 2007 2016<sup>2</sup>
  - Overall IgG prevalence 1.4%
  - In patients from highly endemic counties (Kern, Fresno, Tulare, Kings, San Luis Obispo) 3.7% IgG +

Prevalence Coccidioides El	A IgG/IgM	
Test results	Coccidioides EIA IgG results N = 2109 N (%)	Coccidioides EIA IgM results N = 2109 N (%)
Positive	29 (1.4%)	59 (2.8%)
Indeterminate	7 (0.3%)	28 (1.3%)
Negative	2073 (98.3%)	2022 (95.9%)

<sup>1.</sup> Miller R, et al. Clin Transplant. 2019 Sep;33(9):e13553. PMID: 30924967

<sup>2.</sup> Phonphok K, et al. Transpl Infect Dis. 2018 Oct;20(5):e12932 PMID: 29809303

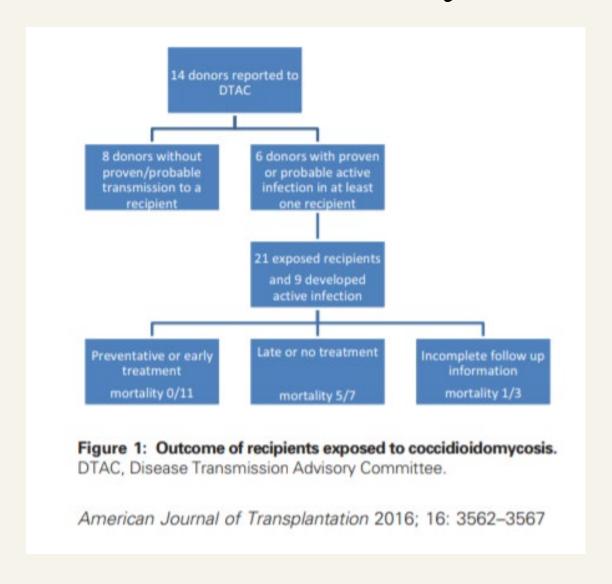
#### Clinical Manifestations in SOT

- Primary infection or reactivation, disease highly variable
  - SOT patients are more likely to develop disease including pneumonia and disseminated infection
  - Risk of dissemination <1% in IC vs 30-75% in SOT</li>
- Pulmonary involvement
  - Fevers, chills, night sweats, cough, dyspnea, pleurisy
- Extra-pulmonary/disseminated
  - Skin, osteoarticular system, CNS
  - Fungemia very uncommon
- Radiographic findings
  - · Lobar consolidation, nodules, mass-like lesions, interstitial infiltrates or cavities
- Eosinophilia 33-50%

#### **Donor Transmission**

- Rare, but high mortality
- Published OPTN ad hoc Disease Transmission Advisory Committee (DTAC) experience between 2005-2012
  - Proven or probable donor-derived coccidioidomycosis in 21 recipients from 6 donors (5/6 from OPTN region 5 – AZ, CA, NV, NM, UT)
  - Transmission occurred in 43% of recipients at median 30 days post-SOT
  - Mortality rate 28.5%
  - Survival with preemptive therapy 11/11 (100%) vs 2/7 (28.5%) without, 3 pts without follow-up info (1 expired)
  - Deaths occurred 14-55 days after transplant

### Donor Derived Coccidioidomycosis



# Cocci in patients with hematologic malignancy

- Less data but also associated with higher risk of severe disease, dissemination and death
  - Largest case series is from Mayo AZ, retrospective review of 55 heme malignancy patients between 1987 – 2002 w/ cocci\*
  - Most frequent malignancies were NHL, CLL reflecting center demographics; 78% had received chemotherapy
  - 95% pulmonary involvement (40% diffuse), 22% disseminated infection; mortality 38% (15/16 from cocci)
  - Presence of chemotherapy, corticosteroids, CML associated w/ mortality

## Cocci in stem cell transplantation

- Also very limited data, 21 cases reported in literature through 2021
  - Single center review from AZ noted incidence rate of 2.6% in allo SCT
    - Mortality attributable to cocci 45%, although no mortality in cases with onset >2 years post SCT
  - Several early cases identified, with high rates of dissemination and mortality
    - Due to unrecognized infection present at time of SCT, mortality ~ 50%
  - Majority of reported cases occurred in late post-engraftment period (>100 days post-SCT)
    - 17/19 (89.5%) of patients were not receiving anti-fungal prophylaxis at time of disease

# Coccidioidomycosis in HIV/AIDS

- Incidence of cocci has declined dramatically in the era of potent ART
  - Early HIV epidemic = high incidence of symptomatic cocci
  - Prospective study of HIV pts in AZ, 25% of study cohort developed active cocci over 41 month period (1988 1992)<sup>1</sup>
  - 38% diffuse pulmonary disease, 7.6% extra-pulmonary dissemination, mortality 38.4%
  - Retrospective cohort study from 1995 1997, 11.3% of cohort had diagnosis of cocci<sup>2</sup>
  - 4.7% of cohort received cocci diagnosis (incidence rate 0.9%) during study period\*
  - 13.8% diffuse pulmonary disease, 6.8% extra-pulmonary, mortality 6.8% none-attributed to cocci
  - Severity of disease seemed to associate with lower CD4, higher HIV VL, and absence of
    - ART; cocci infection associated with lower CD4

- 1. Ampel NM, et al. Am J Med. 1993 Mar;94(3):235-40. PMID: 8095771
- Masannat FY, Ampel NM. Clin Infect Dis. 2010 Jan 1;50(1):1-7. PMID: 19995218.)

# Cocci in patients on biologic response modifiers "biologics"

- Various agents with different mechanisms of action e.g.
  - Tumor necrosis factor antagonists (anti-TNF) infliximab, adalimumab, golimumab, certolizumab, etanercept\*
  - Cytokine inhibitors ie IL-6 inhibitor tocilizumab
  - T-cell activation inhibitors ie abatacept
  - Frequently given in conjunction with other immunomodulatory medications (DMARDs) ie methotrexate, azathioprine, etc
- Associated with increased risk of infection with opportunistic pathogens ie mycobacterial infection, histoplasmosis
- TNF- α, interferon-γ pathway important in immune response to cocci

Table 2. Available biologic response modifiers.

Generic name Brand name		Mechanism	Properties	Coccidioidomycosis reported	
Infliximab	Remicade	Chimeric mAb against TNF-α (mouse Fc, human V)	Half-life, 10 days; antibodies against TNF-α cause Mtb reactivation in mice	Yes	
Adalimumab	Humira	Fully human mAb against TNF- $\alpha$		Yes	
Certolizumab	Cimzia	Pegylated humanized Fab fragment of mAb against TNF-α	No Fc portion, so ADCC or complement activation is not induced	Yes <sup>43</sup>	
Golimumab	Simponi	Fully human IgG1k mAb  against TNF-α  Does not induce ADCC or complement activation		Yes <sup>43</sup>	
Etanercept	Enbrel	Soluble bivalent TNF receptor	Half-life, 4 days; does not induce ADCC	Yes	
Abatacept	Orencia	Soluble CTLA-4 fused to Fc (inhibits costimulation for T-cell activation)	Half-life, 13 days; does not exacerbate Mtb in mice; modified Fc does not induce ADCC or complement activation	Yes	
Ustekinumab	Stelara	Human mAb that binds IL-12 and IL-23	Crohn disease and psoriasis; needed for maintenance of Th17 cells?	No	
Tocilizumab	Actemra	mAb to IL-6 receptor	Needed for maintenance of Th17 cells?	No	
Tofacitinib	Xeljanz	JAK1 and JAK3 inhibitor	Reduces IL-6 and IL-17; reduces MMP	No	
Vedolizumab	Entyvio	Human mAb to integrin	Inhibits T-cell migration across endothelium	No	

Abbreviations: ADCC, antibody-dependent cell-mediated cytotoxicity; Fab, antibody-binding fragment; Ig, immunoglobulin; IL, interleukin; JAK, janus kinase inhibitor; mAb, monoclonal antibody; MMP, matrix metalloproteinase; Mtb, mycobacterium tuberculosis; Th17, T-helper 17; TNF, tumor necrosis factor.

# Cocci in patients on biologic response modifiers "biologics"

- Retrospective studies examining cocci in pts with inflammatory arthritis, incidence of symptomatic cocci 1- 1.9% (29 pts total)<sup>1,2</sup>
  - Higher incidence with infliximab 2% at 1 year, 12% at 5 years
  - RR with infliximab comparison to other anti-TNF 5.23 (1.54 17.7, p<0.1)
  - Dissemination in 20.6%, mortality 7.6% (1 death attributable to cocci, unrecognized antemortem)
- In one study majority of patients were eventually able to resume biologic safely<sup>3</sup>
  - 1. Bergstrom L. et al. Arthritis Rheum. 2004 Jun;50(6):1959-66. PMID: 15188373.
  - 2. Mertz LE, Blair JE. Ann N Y Acad Sci. 2007 Sep;1111:343-57. PMID: 17363440.
  - 3. Taroumian S, et al. Arthritis Care Res (Hoboken). 2012 Dec;64(12):1903-9. PMID: 22745051.

## Clinical outcomes in various states of IS

	Immuno- competent	SOT	SCT	Heme malignancy	HIV/AIDS	Biologic response modifiers
Incidence of symptomatic disease*		1.4 – 6.9%	2.6%*		0.9%	1 – 1.9%
Severe pulmonary disease		33 – 37.5%	63.6%	40%	13.8%	
Extra- pulmonary dissemination	<1%	30%	26.3%	22%	6.8%	~20%
Mortality	<1%	~30%	45%	38%		~3.5% or less

# Takeaways

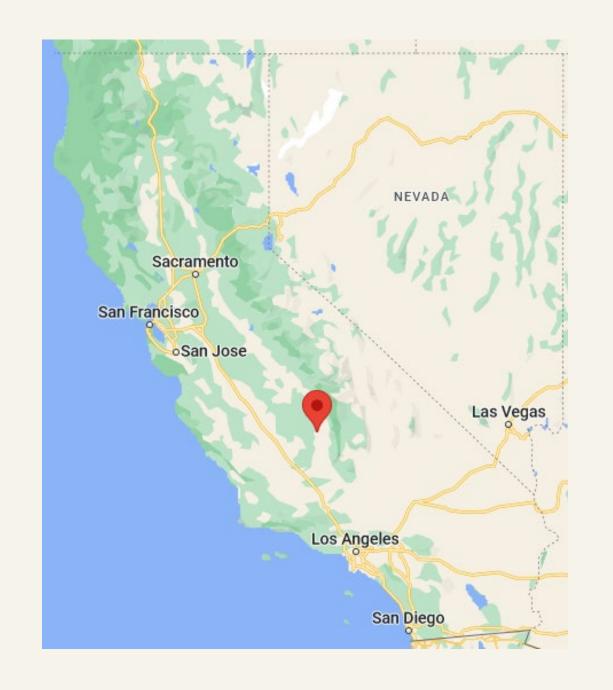
- Immunocompromised patients are more likely to develop symptomatic infection, severe disease, disseminated infection and death
  - Disease can occur via reactivation of latent infection, or with induction of immunosuppression with unrecognized active infection → severe infection
    - E.g. unrecognized donor-transmission, conditioning chemotherapy with active infection
- Anti-fungal prophylaxis effectively mitigates disease
- Treatment in immunocompromised patients is always necessary
- If history of infection, treatment duration is indefinite as long as immunosuppression is ongoing
  - Or if not infected, prophylaxis recommended as long as there is ongoing exposure (ie residence in endemic area)

55 yoF with PMH significant for CML with transformation to ALL, type 2 DM, history of LTBI (s/p treatment ~ 35 ya), referred to ID for evaluation of a cavitary pulmonary nodule.

#### PMH:

CML - Diagnosed 5/2018 → ALL crisis 8/2018, BCR-ABL + on imatinib

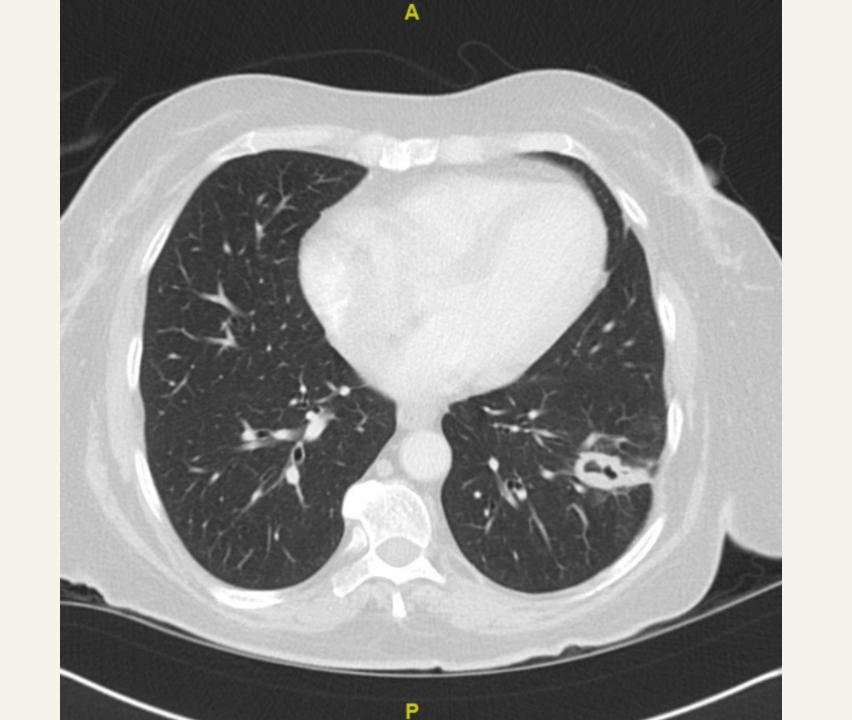
- Lived in Porterville, CA for 40 years, born in Michoacan, Mexico
- Before illness worked 15 years as agricultural fieldworker in California central valley
- No pets at home, no chickens. Lives with husband, children
- No tobacco, EtOH, no drug use
- Last travel to Mexico was 20 years
- Hx + PPD, diagnosed during pregnancy (35 years) and recalls taking medication for several months after pregnancy



Hospitalized in Bakersfield December 2018 with neutropenia, nausea and LLL pneumonia radiographically; recalls that she had been experiencing cough, fever and night sweats at that time

- 12/2018 Cocci IgM/IgG EIA negative
- Started on empiric fluconazole

Now referred in April 2019 for ID evaluation of a cavitary pulmonary nodule in setting of potential need for allogeneic SCT



### Approach to screening and diagnosis

Does this patient have cocci?

What further testing is recommended?

# Case - Repeat Serologic Testing

	2	
	4/11/2019 1319	
Cocci IgG EIA	<0.150 °	
Cocci IgM EIA	<0.150 °	
Coccidioides Ab CF	1:2 *	^
Coccidioides Ab ID	Negative *	
ASPERGILLUS AG EIA	<0.50 €	
Cryptococcal Ag Bld	Negative	

 May have also considered bronchoscopy for BAL culture, Coccidioides antigen, PCR + biopsy

#### Case Resolution

- Continued on fluconazole, increased to treatment dose (400 mg PO qday)
- Recommended deferral of allogeneic SCT pending radiographic improvement
- Subsequently based on ALL characteristics decision made independently to defer allogeneic SCT for time being

#### Diagnostic test performance in SOT for symptomatic coccidioidomycosis

**Table 1:** Characteristics of 27 solid organ transplant recipients with proven or probable active coccidioidomycosis

Characteristic	No. (%) <sup>1</sup>
Age, mean (range), y	55 (36–74)
Male sex	19 (70)
Transplant type	
Kidney	14 (52)
Liver	13 (48)
Donor type	
Living	10 (37)
Deceased donor	17 (63)
Infection type	
Pulmonary <sup>2</sup>	23 (85)
Disseminated <sup>3</sup>	4 (15)
Active coccidioidomycosis definition	
Proven	12 (44)
Probable	15 (56)
Immunosuppression at diagnosis <sup>4</sup>	
Tacrolimus	23 (85)
Mycophenolate preparations	19 (70)
Sirolimus	2 (7)
Cyclosporine	0 (0)
Thymoglobulin	1 (4)
Prednisone > 10 mg/day	2 (7)
Prednisone ≤10 mg/day	6 (22)

<sup>&</sup>lt;sup>1</sup>Values are number (percentage) unless indicated otherwise.

Table 1. Sensitivity of serologic testing for coccidioidomycosis in transplant recipients.<sup>a</sup>

Method	First test positive, %	Second test positive, %
EIA IgM	28	32
EIA IgG	56	64
ID IgM	21	29
ID IgG	38	38
CF titer	28	36
Any positive	77	92

Abbreviations: CF, complement fixation; EIA, enzyme immunoassay; ID, immunodiffusion; Ig, immunoglobulin.

<sup>a</sup>The first test was typically performed at the first presentation to medical evaluation for signs/symptoms of clinical illness, and the second test was typically performed 2 to 4 weeks later.

Adapted from Mendoza and Blair. 41 Used with permission.

**Table 3:** Summary of culture, histology, cytology and PCR results among solid organ transplant recipients with active coccidioidomycosis

Type of text	No. of cultures positive/no. tested (%)
Culture <sup>1</sup>	
Respiratory specimen <sup>2</sup>	9/17 (53)
Tissue biopsy or swab <sup>3</sup>	4/7 (57)
Pleural fluid	1/2 (50)
Any positive culture <sup>4</sup>	14/26 (54)
Other tests	
Cytology <sup>5</sup>	3/10 (33)
Tissue pathology <sup>6</sup>	6/8 (75)
Rapid PCR <sup>7</sup>	3/5 (60)

PCR = polymerase chain reaction.

<sup>2</sup>Respiratory specimens included induced or expectorated sputum (3/7 tests were positive), bronchial washings (3/3 tests positive), bronchoalveolar lavage specimens (3/5 tests positive), endotracheal culture (0/1 tests positive), and protected catheter brushing (0/1 tests positive).

<sup>3</sup>Positive results: Wrist tissue and swab were both positive (n = 1 each); lung tissue (n = 1); and left index finger tissue (n = 1). Negative results: Abdominal tissue (n = 1); lung (n = 1); and maxilla (n = 1).

<sup>4</sup>Respiratory, tissue biopsy or swab, or pleural fluid culture.

<sup>5</sup>Positive results: Induced sputum (n = 1) and bronchoalveolar lavage (n = 2). Negative results: Pleural fluid (n = 1); bronchoalveolar lavage (n = 3); cerebrospinal fluid (n = 2); and protected catheter brush bronchial wash (n = 1).

<sup>6</sup>Positive results: Synovium/bone/capsule of right wrist (n = 1 each); left index finger (n = 1); and lung (n = 2). Negative results: Lung (n = 2).

<sup>7</sup>Specimens included bronchoalveolar lavage (2/3 positive); induced sputum (1/1 positive); and cerebrospinal fluid (0/1 positive).

<sup>&</sup>lt;sup>2</sup>This includes one patient who had coccidioidal empyema after rupture of a coccidioidal cavity in the lung.

<sup>&</sup>lt;sup>3</sup>Sites of dissemination: tendon (n = 1), wrist (n = 1), liver (n = 1) and meninges (n = 1).

<sup>&</sup>lt;sup>4</sup>Numbers total >27 and percentages total >100% because some patients were taking more than 1 medication.

<sup>1.</sup> Mendoza N. Blair JE. Am J Transplant. 2013 Apr;13(4):1034-1039. PMID: 23399074.

<sup>2.</sup> Blair JE, et al. Med Mycol. 2019 Feb 1;57(Supplement 1):S56-S63. PMID: 29669037.

<sup>&</sup>lt;sup>1</sup>Nine patients had ≥2 cultures performed.

#### Diagnostic test performance in SOT varies by assay

 $\textbf{Table 1.} \ \ \textbf{The spectrum of sensitivity and specificity of coccidioidomy cosis diagnostic tests in SOT recipients.}$ 

Diagnostic Test	Sensitivity	Specificity	Comments	Refernces
Serology Miravista * Meridian IMMY	87% 40–70% 40–70%	90% 95% 95%	Different enzyme immunoassays have varying degrees of reported sensitivity and specificity.	[12,29–31]
(1–3) Beta-d-glucan (serum)	44–57%	Unknown	Serum (1–3) Beta-d-glucan is not specific to coccidioidomycosis.	[32,33]
Coccidioides Galactomannan Antigen (serum)	50%	95%	Coccidioides Galactomannan antigen has high sensitivity in CSF but lower sensitivity in blood and urine samples, except for cases of severe disease.	[34,35]
Coccidioides spp. culture	50%	100%	Sensitivity of the fungal culture is dependent on the obtained sample and microbiology laboratory.	[22]
Coccidioides spp. pathology	50%	100%	Sensitivity of the histopathology is dependent on the obtained sample, burden of disease, and pathologist expertise.	[22,23]
Coccidioides spp. PCR	70–90%	100%	Very promising technology but lacks real-world data and is likely sample-dependent.	[36–38]
			CSF, cerebrospinal fluid; IMMY, Immuno Mycologics, In the sensitivity and specificity of antibody tests in variou	

# Diagnostic test performance in immunocompromised patients with coccidioidomycosis

Table 2. Scropositivity among 62 immunocompromised hosts with scrologic confirmation of coccidioidomycosis detected by various scrologic tests

Category of immunosuppression	Type of serologic testing, no. (%)											
	EIA (IgM and IgG)			CF			ID (IgM or IgG or both)			Any test		
	Tested Posit		itive	Tested Pos		tive	Tested	Positive		Tested	Positive	
Hematologic malignancy $(N = 14)$	12	4	(33)	10	6	(60)	6	1	(17)	12	8	(67)
Cancer and chemotherapy, nonhematologic $(N = 19)$	18	13	(72)	18	12	(67)	15	9	(60)	19	18	(95)
HIV infection $(N = 4)$	4	1	(25)	3	2	(67)	3	2	(67)	4	3	(75)
Organ transplantation $(N = 7)$	7	5	(71)	6	2	(33)	3	0	(0)	7	5	(71)
Rheumatologic illness ( $N = 13$ )	11	9	(82)	10	6	(60)	8	4	(50)	11	10	(91)
Other ICH illness* $(N = 11)$	10	9	(90)	10	10	(100)	8	6	(75)	10	10	(100)
All patients <sup>†</sup>	57	38	(67)	52	35	(67)	40	21	(53)	58	49	(84)
Healthy patients tested $\leq 1$ y after symptom onset $(N = 261)$	244	212	(87)	252	188	(75)	248	180	(73)	261	247	(95)

CF, complement fixation; EIA, enzyme immunoassay; ICH, immunocompromised; ID, immunodiffusion; HIV, human immunode-ficiency virus.

<sup>\*</sup>Patients with other causes of immunocompromise include 3 inflammatory bowel disease (1 taking infliximab), 2 autoimmune blood dyscrasias (hemolytic anemia and idiopathic thrombocytopenic purpura) taking prednisone, 1 autoimmune polyneuropathy, and 5 taking corticosteroids long-term for sarcoid, cough, other pulmonary diseases (chronic obstructive pulmonary disease, interstitial pulmonary fibrosis, or normal interstitial pneumonia).

<sup>\*</sup>Six patients have 2 immunosuppressive illnesses and are represented in each category.

## Key points for diagnosis

- Sensitivity of serologic testing is lower in immunocompromised individuals
  - Performing multiple different serologic methods concurrently increases sensitivity
    - If concerned for active cocci in SOT check: coccidioides EIA IgM/IgG, ID and CF Ab
    - Culture and low threshold for tissue invasive testing to establish diagnosis
    - Incorporate antigen and/or PCR testing (blood, urine plus relevant site = BAL, CSF)
  - If negative initially, convalescent serology should be repeated in 4-6 weeks
- Given limitations of diagnostics in IC patients, high clinical index of suspicion and judgement of risk is critical

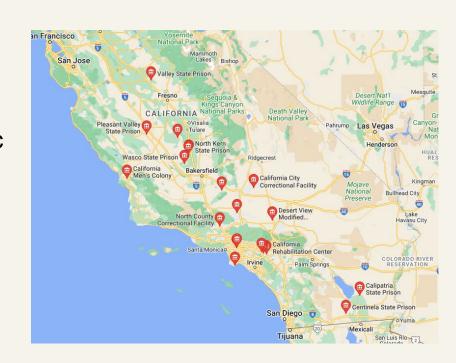
## Pre-transplant evaluation or if planning for IS

#### Obtain history:

- Residence in endemic areas
- Remote history of residence or travel in endemic areas
- Frequent travel or work in endemic area
- Review behavioral/occupational risk factors that may increase risk

## Risk Factors for Exposure – recipient and donor

- Travel to or residence in endemic area
- Occupational risk factors, jobs involving soil disruption:
  - E.g. Construction, Agricultural worker, Military, Firefighter
- Recreational risk factors
  - Horseback riding, off-road motor biking, four wheeling, etc
- Hx of incarceration in California
  - Several reported outbreaks in CA state prisons<sup>1</sup>



## Pre-transplant evaluation or if planning for IS

#### Evaluation

- Cocci EIA IgG as screening for asymptomatic individuals
  - Be wary of false positive if isolated *Coccidioides* EIA IgM and low pre-test suspicion
- CXR and/or CT chest if significant epidemiologic risk
- Assessment for prior diagnosis or symptoms compatible with prior history of infection
  - Ask "Have you ever been diagnosed with or treated for valley fever?"

## Cocci endemic areas in California

2017 Incidence Rate by County (per 100,000)

>100

40-100

10-40

5-10

2-5





North Los Angeles county: Palmdale, Lancaster, Santa Clarita, Canyon country, western SF valley

Ventura county: Simi Valley, Moorpark

North San Bernadino county: Victorville, Apple Valley

North Santa Barbara county: Santa Maria, Lompoc

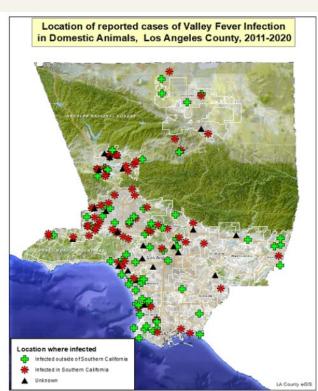
From CA DPH

## Local Epidemiology and Gray Zones

North Los Angeles county, SF Valley and Santa Clarita

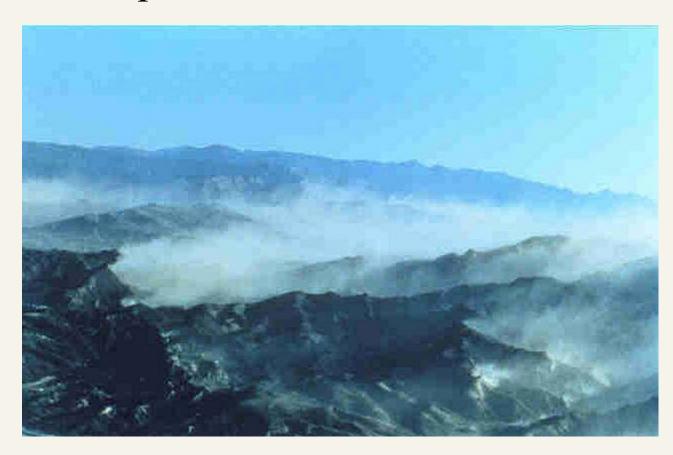
Area	Total No. Tested	Total No. Positive	Per Cent Positive		ev. Residence Coccid. Area	No Residence in Known Coccid. Are		
Probation Camps:				No.	Per Cent +	No.	Per Cent +	
No. 4 Saugus	. 100	14	14	31	20	69	12	
No. 3 Calabasas	. 78	6	8	25	25	53	0	
No. 5 Azusa	. 60	4	7	27	14	33	3	
High Schools:								
Banning and Palm Springs	9 74	15	20	21	21	53	17	
Canoga Park	. 441	65	15	82	24	359	13	
Newhall	. 85	9	11	20	30	65	5	
Los Angeles	. 220	9	4	38	16	182	1.6	
Total	. 1.058	122	11.5					

Kessel JF et al. Calif Med. 1950 Oct;73(4):317-21. PMID: 14772654



LAC DPH

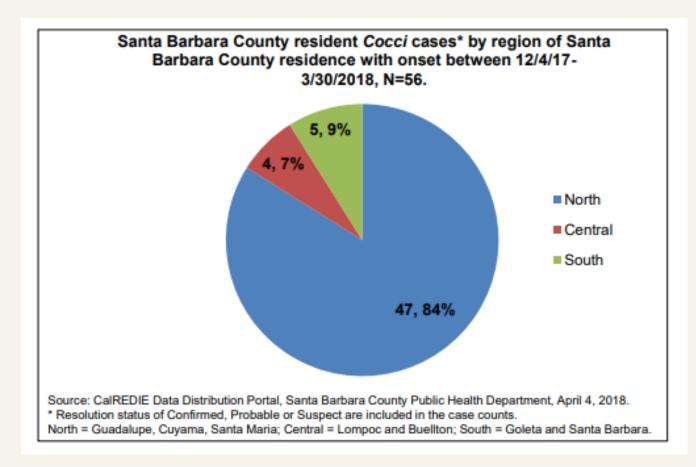
# Dust clouds in Santa Susana mountains after 1994 Northridge earthquake





## Local Epidemiology and Gray Zones

North Santa Barbara county



Santa Barbara DPH

# Universal prophylaxis vs pre-emptive management for SOT in cocci endemic areas

- Prior to implementation of screening and azole prophylaxis in SOT
  - Incidence of coccidioidomycosis in pts from endemic areas = 4-9% per year
  - Dissemination and mortality rates as high as 75%, 72% respectively<sup>1</sup>
- Targeted prophylaxis strategy (pre-emptive management) vs universal prophylaxis for 12 months
  - Cumulative incidence 2-3%, 10 patients total with 2 deaths <sup>2</sup>

	G	roup	
	Targeted	Universal	
	Prophylaxis	Prophylaxis	
Characteristic	(n = 349)	(n = 143)	P Value
Residence in an endemic area Before transplantation	325 (93.1%)	119 (83.2%)	0.001
Asymptomatic seropositivity	26 (7.4%)	27 (18.9%)	0.001
Coccidioidomycosis	11 (3.2%)	10 (7%)	0.08
1 year after transplantation			
Asymptomatic seroconversion	8 (2.3%)	0	0.11
Coccidioidomycosis	10 (2.9%)	0	0.04

- 1. Blair JE, et al. Med Mycol. 2019 Feb 1;57(Supplement 1):S56-S63. PMID: 29669037.
- 2. Kahn A, et al. Liver Transpl. 2015 Mar;21(3):353-61. PMID: 25482428.

#### Prevention

 Universal azole prophylaxis is recommended for all organ transplant recipients living in endemic areas

- If seronegative pre-transplant
  - Fluconazole 200 mg daily
  - 6 -12 months post-transplant or indefinite, practice at UCLA is indefinite as long as residing within endemic area

#### Prevention

- If seropositive pre-transplant
  - Fluconazole 400 mg daily for 12 months post-transplant
  - Transition to 200 mg daily indefinitely if clinical/laboratory inactive

- If history of pre-transplant coccidioidomycosis
  - Fluconazole 400 mg daily for 12 months post-transplant
  - Transition to 200 mg daily indefinitely if clinical/laboratory inactive
  - Consider serological monitoring with cocci CF titers, if azole is ever discontinued pre-emptive monitoring is strongly recommend

## Mitigating donor transmission

- Allograft from donor with history of cocci or seropositive donors
  - Provide preemptive azole therapy
  - Lung transplant recipients should receive lifelong azole therapy
    - Fluconazole 400 mg daily indefinitely if not on other azole therapy
  - Non-lung SOT should receive at least 6-12 months
    - Fluconazole 400 mg daily
    - Consider step down to 200 mg afterwards
    - If azole discontinued at 12 months, clinical and serological monitoring is recommended
  - If extra-pulmonary dissemination in donor
    - Fluconazole 400 mg daily indefinitely for lung and non-lung SOT

## Prevention in SCT recipients

- No guidelines given limited amount of data personal opinion
  - Evaluation should be performed similar to SOT ie obtain history about residence, risk and pre-SCT screening
  - Allogeneic SCT majority of patients will be on mold-active azole while receiving GVHD prophylaxis or treatment
  - Autologous SCT less likely to remain on anti-fungal prophylaxis after initial engraftment period
  - Patients with history of cocci or seropositive = fluconazole 400 mg qday (if not on azole) for at least 12 months or as long as on immunosuppression
  - Seronegative patients in endemic area = fluconazole 200 mg qday (if not on azole) for at least 12 months or as long as on immunosuppression

### Screening & prophylaxis for cocci in HIV/AIDS

- Uncontrolled HIV replication & CD4 count <250 cells/uL associated with lack of adequate coccidioidal cellular immune response
  - Associated with more severe disease and worse outcomes
- Universal prophylaxis is not recommended
- Annual screening is recommended for patients with HIV living in cocci endemic regions
  - Serology and chest radiography annually
- Antifungal therapy recommended if clinical evidence of cocci or isolated seropositive and CD4 <250 cells/uL</li>
  - Continue indefinitely at least until CD4 >250,cells/uL

## Screening & prophylaxis for cocci w/ biologics

- Recommendation to screen patients prior to initiation of biologic therapy
- Clinical follow-up to monitor signs & symptoms is recommended
- Routine prophylaxis and serological screening not currently recommended per IDSA guidelines

## Key points

- Disease related to cocci is preventable, but requires appropriate recognition of risk, screening for presence of infection, and prophylaxis
- Primary prophylaxis should be continued for at least 12 months post-SOT
  - Personally advocate for indefinite prophylaxis if ongoing risk of de novo infection based on area of residence
- Secondary prophylaxis should continue indefinitely until immunosuppressive state is resolved

## Treatment of immunocompromised patients

- Treatment for active cocci is always recommended
- Treatment guidelines are otherwise the same as for immunocompetent individuals
  - Acute pulmonary cocci = fluconazole 400 mg qday
  - Severe pulmonary or disseminated cocci = ambisome followed by transition to fluconazole, consider high dose fluconazole
  - Personal practice, low threshold to use posaconazole or isavuconazonium
- High risk of relapse following discontinuation of antifungal therapy
  - · Requires indefinite azole for prevention of relapse while immunosuppression is ongoing

## Special considerations for treatment in SOT

- Be wary of drug-drug interactions with azole anti-fungals
  - CYP450 inhibition with all azoles → increased calcineurin inhibitor (tacrolimus, cyclosporine) levels
  - Voriconazole is particularly problematic due to variable and dynamic pharmacokinetics
    - non-linear pharmacokinetics, auto-induction
  - Itraconazole can also be challenging due to variable absorption
  - Therapeutic drug monitoring highly recommended
  - Necessary to counsel patients to not discontinue azole without notifying transplant team as this can precipitate rejection (from subtherapeutic CNI levels)

## Special considerations for treatment in SOT

- Increased risk of squamous cell carcinoma with voriconazole
  - Incidence of squamous cell skin cancer in SOT is 65 250 times higher than general population at baseline<sup>1</sup>
  - Exposure to voriconazole is associated with further 2.6 fold increase in SCC
  - In SOT recipients we generally avoid voriconazole if possible because of this issue

<sup>2.</sup> Williams K, et al. Clin Infect Dis. 2014 Apr;58(7):997-1002. PMID: 24363331

#### Extended Spectrum Triazoles for Refractory Coccidioidomycosis

**TABLE 2** Number of MIC values for each antifungal agent tested at specific concentrations

	Total	No. of va	No. of values at MIC ( $\mu$ g/ml) of:											
Agent	(n)	≤0.015	0.03	0.06	0.12	0.25	0.5	1	2	4	8	16	32	≥64
AMB	397	_a	8	28	81	174	68	27	9	2	0	0	_	_
FLU	581	_	_	_	9	11	13	20	26	58	228	170	24	22
ITR	486	_	34	41	81	120	178	27	1	1	2	1	-	_
POS	377	_	40	59	113	128	33	2	1	0	0	1	_	_
VOR	499	_	40	168	196	67	16	6	3	1	2	0	_	_
AFG	19	1	1	8	6	1	1	0	0	0	1	_	_	_
CFG	172	1	26	24	72	17	2	5	1	4	20	_	_	_
MFG	50	1	5	21	18	4	0	0	0	0	1	-	_	-

215/581 (37.3%) >=16 ug/ml.

a-, Not tested.

## Summary

- Treatment is always indicated for immunocompromised pts
- Be cognizant of drug-drug interactions
- Fluconazole is first line for uncomplicated infection
- For severe (life threatening) disease amphotericin B is recommended (+/- concurrent azole) → azole once stable
- For severe or refractory cases consider extended spectrum triazole (posaconazole, isavuconazonium, itraconazole, voriconazole)
  - in vitro data suggests possibly superior but lacks conclusive clinical outcomes data

### Thank You

Questions?

obeaird@mednet.ucla.edu



